



# Annual report and accounts 2013



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# President's Report

The past year 2012-13 has been a fantastic year for Scottish athletes with many highlights throughout the disciplines, none other than Lynsey Sharp (Kukri Athlete of the Year 2012) who after initially winning silver, was crowned a few months later, European 800m Track & Field Champion due to the original winner being suspended due to a doping violation. Eilidh Child was also getting her name in the record books by winning two medals in one day at the European Indoor Track & Field Championships in Gothenburg. Eilidh finished 2nd in the 400m in a new Scottish Indoor record and then led off the 4x400m relay team to Gold in new record figures.

Five athletes achieved selection for the 2012 Olympic Games – Lynsey Sharp, Eilish McColgan, Freya Murray, Eilidh Child and Lee McConnell, with Lee being only the second Scottish athlete in the past 50 years to compete in three Olympics, the other being Liz McColgan. What memories these Games brought and I am sure we will remember Super Saturday for many years to come. Two weeks later it was the turn of the Paralympic Athletes and Libby Clegg and Steph Reid (competing in her 3rd Paralympics) both did Scotland proud by winning silver medals in the 100m and Long Jump respectively. A fantastic achievement for both.

The glory was not only on the Track and Field with Scottish athletes representing GB&NI at World Mountain Championships and Debbie Martin-Consani breaking the Scottish record on her way to winning Team bronze at the World Ultra Championships in Poland with fellow Scot Sharon Law.

It was wonderful to also see so many Scottish officials on duty and playing such key roles in London at the Olympics and Paralympics. Our congratulations to all of them, and the many Scottish volunteer “games makers” who together contributed so much to the amazing events.

One of the places to be in February was Callender Park, Falkirk for the Scottish Cross Country Championships where the entry was the largest for 16 years. Entry figures in all events are on the up and

this is thanks to the Olympic effect and the success of the Club Together programme. No fewer than 17 clubs are involved in this project with the impact already dramatic in terms of increased numbers of athletes, trained coaches, volunteers and officials.

Thanks must go to all the officials, coaches, volunteers and club officials who make such a great contribution to athletics in Scotland. My thanks also to all members of staff, members of the Board, Commissions and Committees within **scottishathletics** who have worked hard to develop and improve the delivery of our sport throughout the year.

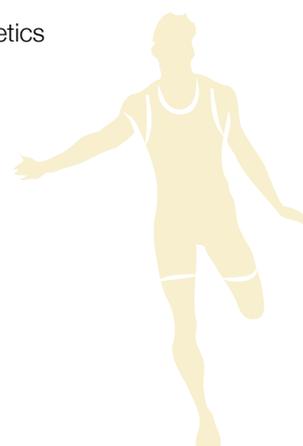
Our partnerships within UK Athletics, **sportscotland** (including the **sportscotland** Institute of Sport), Commonwealth Games Scotland, and Scottish Local authorities continue to grow with each playing a major role in the development of athletics in Scotland, and we are grateful for their support.

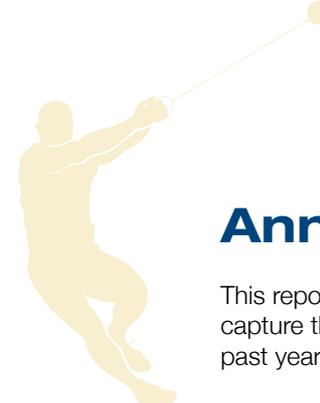
Our sponsorship agreements with Nuffield Health, Run and Become, Run4it, and the newly announced partnership with NVT Group, are essential to further development of the sport in Scotland, and we extend our grateful thanks to them for all their efforts together with us.

Looking forward, at the time of writing 29 athletes had achieved at least one qualifying performance for the 2014 Glasgow Commonwealth Games. The first nomination date is in September with names at that point being put forward to Commonwealth Games Scotland for selection. A further two nomination dates in 2014 will see further athletes selected. Not only are the athletes looking for selection but so too are our Officials. Good luck to you all as you try to achieve your dreams.

The date of the Opening Ceremony - July 23rd 2014, I am sure is in everyone's diary.

**Leslie Roy**  
President of **scottishathletics**





## Annual Review

This report provides a challenging opportunity to capture the major activities and achievements of the past year.

What follows this section is an excellent summary of the Development work being undertaken with our clubs and structures across Scotland, together with the specific reports from our excellent Commissions – Road and Cross Country, Hill Running, Officials, and Track and Field. The Roll of Honour (centre pages) highlights the best in performance terms in the period covered by this report (April 2012 – March 2013 inc).

Our Strategic Plan has 6 key heading that define our priorities as a business, from which we develop and focus our annual business plan and priorities.

### Participation

The Development section that follows highlights the impact in this area over the last 12 months. In particular, it is important to emphasis the dedication and commitment shown by athletics clubs across Scotland in dealing with the “Olympic factor” post the London Olympics. The numbers were impressive them – what is more impressive is how many are still in the sport – a credit to the clubs, coaches, volunteers involved.

Participation is also growing significantly through events. Entries, which have been rising steadily in some areas (eg Cross-country), have grown notably in the last year across all disciplines – helped by new venues (Emirate Arena), high profile events (Olympics), but above all by clubs supporting and encouraging their members to compete. 2014 gives us a further opportunity with the “catalyst” of the Commonwealth games to grow again – and be readier than were for 2012. “Club Together” is a big part of that – read the impact later.

### Performance

In the spot-light with a home Commonwealth Games, the Performance end of the sport is always under public scrutiny! The team has restructured since the 2012 Annual Report – Stephen Maguire joined us after the Paralympics in the role of “Director of Coaching”, and is working closely with the **sport**scotland Institute of Sport and UK Athletics to focus and refine the programmes and support to athletes, coaches within the performance development pathway, and the wider support teams.

Strong partnerships exist now in the performance arena with Commonwealth Games Scotland (CGS), UK Athletics, and the sportscotland Institute of Sport, and the joined up work and support to athletes and coaches is significant.



The Roll of Honour (centre pages) details those athletes who have performed at a notable level in the past year. Credit to them as individuals, but also credit to their coaches and support teams (inc families!) who are pivotal that success. A special mention of course for our 2012 Olympians and Paralympians: Eilidh Child, Lynsey Sharp, Freya Murray, Lee McConnell, Eilish McColgan, Libby Clegg, Stef Reid. They did Scotland proud as part of Team GB.

Performance extends beyond the realm of athletes competing of course, and the impact that Scottish officials had as core members of the officiating team at the 2012 Olympics and Paralympics was significant. Experiences in London for Scottish Officials will be seen in due course as excellent preparation for the Commonwealth Games in Glasgow, where we expect a much higher ratio of scots in charge.

### People

All aspect of the business of athletics relies upon excellent people. The priority is to identify, train, support and enable more people to be excellent at their roles with our sport – as officials, coaches, volunteers, administrators.

The core components of this priority focus on training and education support and programmes – to coaches, officials, volunteers. Much of this work features at the heart of the development programmes and priorities, with a growing emphasis on new approaches to coach support at the Performance end of our sport.

Our partnership with the Winning Scotland Foundation for delivery of the “Positive Coaching



Scotland” athletics programme is important to highlight. Supporting club development and best practice in coaching approaches, the programme supports these key areas and is integrated within the wider Club development programme and priority.

### Provision

This priority effectively stresses the effective and efficient management of the business and the governing body. From strong effective governance, well managed finances and business planning, and clear prioritisation to ensure the right resources available to impact where they need to, this is a critical function.

The Board has during the last year established a Nominations Committee (for the purposes of advising on worthy recipients of honours and annual awards), and a Remuneration Committee to advise on staff remuneration. The establishment of these committees reporting to the Board reflect good practice, and support strong governance.

The year has seen strong financial performance – courtesy of growing membership, healthy event entry numbers, and good “unattached levy” income streams. We remain grateful to our partners at **sportscotland** and the Scottish Government for their continued investment into our programmes and priorities.

The Annual Audit is a vital check and balance in terms both of the financial management and adherence to good practice. The staff and Board pay particular attention to any recommendations from the Auditors, and are grateful for their support and input.

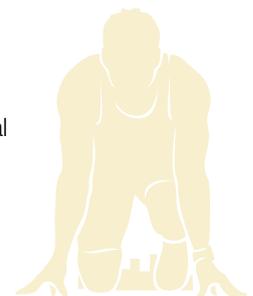
### Partnership

Partnerships are central to all aspects of the work of **scottishathletics**. We see partnerships with our member clubs as central to joint work – the Club Together programme being a good example of that. Strong partnerships mean open honest dialogue and discussion at times, and we welcome such dialogue as we all progress together.

We are grateful to the partnerships that exists with Local Authorities (in particular around the Club Together Programme and key events), **sportscotland**, Commonwealth Games Scotland, Glasgow 2014, and many others.

### Promotion

Whilst the established communication mechanisms (PB Magazine and Stride) remain a priority, the growth in social media coverage, conversation and reporting of athletics has been dramatic. Our website, our facebook pages, and our twitter feeds now dominate our ability to get the word out and provide a variety of platforms for promotion of athletes, programmes and performances. There is always more to do in this area, but growth in numbers across the social media platforms tells its own tale.





## National Development Team – 2012/13 Review

In April 2012 we set out our key priorities as a Development Team through to 2014 with a strong focus on clubs, coaches and schools programmes. As much as we continue to learn and develop a great deal has been achieved with some obvious successes. In particular the ongoing development work around clubs continues to be a focus moving forward, in particular the significant investment into clubs through the Club Together programme being a major success. The new national programme of coach education is now in full swing and with new schools programmes backed by the Scottish Government we are certainly moving in the right direction, however, we must not be complacent and there is still a tremendous amount of work to do to support the athletics community.

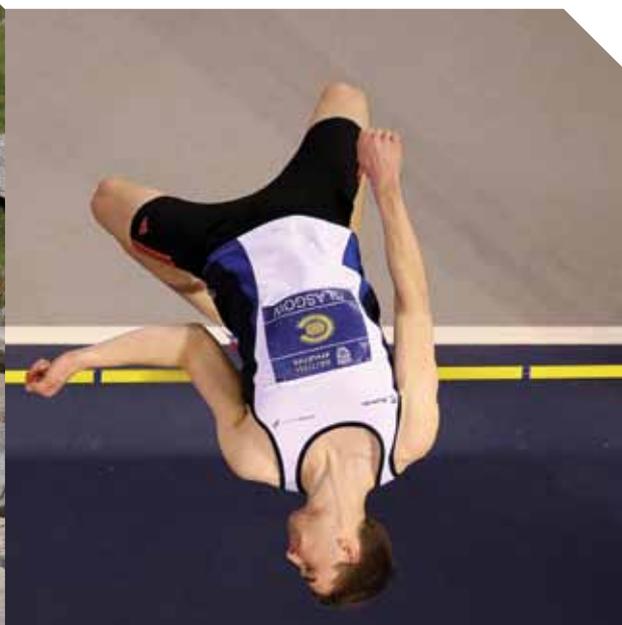
One of the most important long-term issues is to ensure coaches are provided with the opportunities to develop their knowledge and skills in an appropriate environment. Following a detailed consultation process in the last year **scottishathletics** have recently launched a structured and progressive national coach development programme through to 2015 providing clear opportunities for all coaches from entry level through to coaches working with international athletes to benefit from a range of national and local programmes.

A great deal of work has been conducted over the last 12 months and a summary of some of the important developments can be viewed below;

### Club Development:

- National Club Development Programme (Club Legacy 2014) continues to be a major focus with various projects delivered
- A 12% increase in annual club memberships from 2011 to 2012
- The NVT Group sponsored Club Together project has been one of the most successful projects presently being delivered with 17 club projects being supported with £51,000 of national funding and £56,000 of local partner funding being invested along with £31,500 from the clubs annually. The summary of outputs from this year can be viewed in the table below with the projects being supported including;

Aberdeen AAC  
Arbroath & District AC  
Central AC  
Dundee Hawkhill Harriers  
East Kilbride AC / Whitemoss AAC  
Falkirk Victoria Harriers  
Gala Harriers  
Garscube Harriers  
Giffnock North AAC  
Glasgow South (multi-club)  
Kilbarchan AC  
Kilmarnock Harriers & Athletics Club  
Lasswade AC  
Law & District AAC  
Pitreavie AAC  
Shettleston Harriers  
Victoria Park City of Glasgow AC



The success of this programme sits firmly with the clubs and their desire to raise the bar by focusing on increasing capacity/participation and improving coach and athlete development.

- A further 18 clubs are supported with additional RDM time and resources through the Focus Clubs project again demonstrating positive outputs
- 520+ individual club visits (inc workshops) by Development Team in 2012-13
- 27 Club Development workshops.
- 51 clubs now accredited to Foundation Award (level 1)
- 13 clubs accredited to Podium Award (level 2)
  - Aberdeen AAC
  - Giffnock North AAC
  - Arbroath & District AC
  - Kilbarchan AC
  - Central AC
  - Kilmarnock Harriers & AC
  - Dundee Hawkhill Harriers
  - Lasswade AC
  - East Kilbride AC
  - Shettleston Harriers
  - Falkirk Victoria Harriers
  - Victoria Park City of Glasgow AC
  - Garscube Harriers
- Are You Ready (London 2012) project delivered with resources to clubs (April 2012).



### Club Together Summary Table (all clubs):

Statistical Outputs			
Focus Area	Numbers Recruited	Numbers Retained	Retention Figure
Athlete Recruitment	2,123	1,705	80.3%
Coach Recruitment	464	387	83.4%
Volunteer Recruitment	287	254	88.5%
Officials Recruitment	136	134	98.5%
Coaches Certifid/Qualified	186		
Coach CPD Attendances	289		
Qualitative Impacts (example areas include)	<ul style="list-style-type: none"> <li>• Club Structures</li> <li>• Club Operations / Culture</li> <li>• Coach Structures</li> <li>• Coach Development &amp; Retention</li> <li>• Athlete Development &amp; Retention</li> <li>• Volunteer Development &amp; Retention</li> <li>• School to Club Links</li> <li>• Local partnerships / opportunities</li> <li>• Funding Opportunities</li> <li>• Legal Structures</li> </ul>		





### Coaches and Volunteers:

- New **scottish**athletics coach education & development programme for 2013-2015 launched and being delivered
- National & regional delivery of UKA certificate qualifications;
  - 9 Athletics Leader courses – 96 qualified
  - 17 Coaching Assistant courses – 268 qualified
  - 7 Athletics Coach courses – 77 qualified
  - 3 Coach in Running Fitness courses – 26 qualified
  - 21 Jog Leaders Courses – 321 qualified
  - 5 Advanced Jog Leader Courses – 57 qualified
  - 1 Coaching Athletes with a Disability – 11 attended
  - 2 UKA – Disability Inclusion Training Athletics – 32 attended
- 2 new tutors recruited and trained via **sportscotland** to deliver UKA qualifications
- 3 further tutors trained for delivery of generic coach development workshops
- 4 national/regional coaching weekends with 234 attendances
- 11 event specific days with circa 210 attendances (via national event programmes)
- 132 Scottish coaches attended the IFAC coaching conference
- 30 Elevating Athletics courses – 514 teachers certified
- New resources developed and 12 workshops delivered in local clubs for coaches working with U12 athletes
- National & regional delivery of Officials education & development opportunities;
  - 70 new Level 1 Officials
  - 45+ new Level 2 Officials (A, B & C Levels)
  - 7 new Level 3 Officials
  - 158 officials attending training workshops
  - 2 National Officials Training Days

### Participation (Schools & Community)

- Inspire 2014 National Schools Athletics Programme launched (August 2012) – new partnership programme with the Scottish Government
- £20,000 investment (through Aviva) into Scottish Schools Athletic Association to support programme development.
- National S1 & S2 Giant Heptathlon programme delivered across all 6 Regions with 26 local authorities participating leading to National Final in Grangemouth in March 2012.

- Circa 7,200 P5-P7 pupils participated in local to regional Scottish Sportshall Programme across 31 local authorities.
- International athlete schools visit programme launched as part of Inspire 2014
- Olympic-themed cross curricular teaching resource developed and provided to every primary school in Scotland
- 514 teachers trained in athletics through Inspire 2014 programme
- 141 Run, Jump & Throw centres operating across the country. Work continues to formally link existing centres into local clubs and expand centres where appropriate through clubs (particularly through Club Together)

### Disability:

- National Disability Plan continues to be implemented across all 6 regions.
- 8 Scottish athletes in the UKA Talent ID Squad and 2 in the Podium Squad.
- 2 Scottish athletes medaled at the Paralympics in London 2012.
- 4 athletes in the **scottish**athletics Commonwealth Squad, 3 have the qualifying times for selection for Glasgow 2014.
- 2 athletes medaled at the IPC Grand Prix in Dubai.
- 2 Scottish athletes selected for the GB team for the INAS World Indoors in Manchester & Outdoor Championships in Prague, both with medal performances in the indoor event.
- New coaching course UK-Disability Inclusion Training-Athletics Course developed
- 1 UK DIT Athletics courses delivered with 26 attendees
- Additional workshops delivered – 1 Coaching Athletes with a Disability and 3 sportshall with adaptation.
- All UKA coaching courses have been reviewed to include more disability content.
- 2 RaceRunning Festivals delivered with over 80 participants
- 10 new RaceRunning Come & Try sessions delivered
- 2 junior athletes attained 3 World Records each during 2011/12.
- The SDS Track & Field, Cross Country & Sportshall championships have all increased participation by a minimum of 10% on last year.
- Forth Valley Flyers attained Foundation Accreditation Award September 2012
- 3 new disability clubs/sections have been created in the East Region with average 40 weekly participants.
- 2 mainstream clubs now have disability sections attached to them. VP Glasgow and Aberdeen.



## Regional Highlights

The following information provides a short summary of key highlights within each Region;

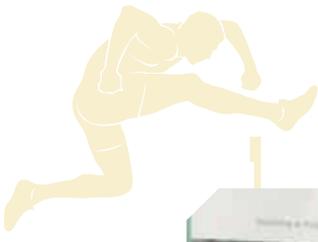
### East Region

- 10% club membership increase, to 2,456 athletes, over 12 months (pre Olympics) in 23 Clubs.
- Club Together Officers delivering in Lasswade AC & Gala Harriers with new part-time Athletics Development Officer in East Lothian supporting the new Track and Field facility at Meadowmill (opened in September 2012).
- Seven clubs have attained the Foundation Club Accreditation Award with one club achieving the Podium Award.
- Leadership Workshop delivered to six East Region Clubs (committee level).
- Five Local Athletics Partnerships involving 14 clubs attending on a regular basis with newly established Regional East Athletics Forum and quarterly Development Officer Meetings.
- Six UKA Coach Education Courses with 110 coaches in attendance and one UKA Officials Level One Course with 36 new officials.
- Three Multi Events Workshops delivered to three clubs and 36 coaches since launch in November 2012.
- Almost 14,000 children participated in local schools cross country, track & field, Sportshall or Giant Heptathlon events last year in Region. Regional Final in both Sportshall Athletics and Giant Heptathlon.

- Run, Jump and Throw Centres increase to 31 centres with 628 athletes (from 20 centres with 325 athletes). 91% increase in 12 months and on-going development of links to clubs.
- Seven Teacher Education courses, Elevating Athletics, to 150 teachers or teachers in training.
- 80+ RDM club, club based events and Local Athletics Partnership visits/meetings in 2012-13.
- Three disability clubs/sections are delivering in the Region with average 40 weekly participants. Over 100 athletes attended both the Disability Regional Schools Track and Field and Regional Sportshall Championships.

### Grampian Region

- 23% club membership increase in past 12 months.
- 30 Coach Education & Training opportunities for coaches with 406 qualified coaches and volunteers attending in Grampian last year.
- 33 Coaches trained and certified with Formal Coaching qualifications and actively delivering in clubs.
- 5 new coaches (age 16-25) recruited, trained and placed within local clubs in Grampian through National Volunteer Development Programme



- 47 Candidates attended formal Officials training in Aberdeen. Currently gaining experience in local and national events.
- CPD opportunities provided through sportscotland RCVM to identified coaches in region, pilot officials specific CPD programme delivered February 2013.
- Regional CPD day held at Aberdeen Sports Village with 18 coaches in attendance.
- Regional LAP Forum working towards joint events over the region in 2014.
- Aberdeen AAC Club Together Project demonstrating growth and improved structure within club.
- 1 Club achieved Podium Level Accreditation (Aberdeen AAC).
- 3 Clubs achieved Foundation Level Accreditation (Moray Road Runners, Keith & District AC, Ellon AAC).
- Over 3,200 participants in formal school level competition across the Region
- Developing athletics-specific gift-aid toolkit through pilot with Deloitte, the Winning Scotland Foundation and Aberdeen AAC.
- Regional-wide implementation of Sportshall and Giant Heptathlon initiatives with approximately 1,500 children participating in local to regional events.
- Continued development for provision of disability sessions at Aberdeen Sports Village linked to Aberdeen AAC, with two weekly opportunities.
- 70+ RDM club and events visits in 2012-13.

### Highlands & Islands Region

- Membership increase in Focus Clubs, with 3/5 achieving the target 10% annual increase.
- Regional Athletics Partnership (HIAP) formed and constituted, now representative of all 16 clubs in Highland and Islands.

- Club Leaders workshops delivered to 5 clubs
- 8 new Leaders and 20 new Coaching Assistants qualified in courses across the Region.
- U12 Multi Event Workshops delivered to a total of 28 coaches from 3 clubs
- 8 Coaches and 8 athletes engaged in the Local Coach and Athlete Support programmes in Orkney and Stornoway.
- Visiting Coaches delivered coach development opportunities to over 50 coaches.
- Highland and Islands coaches supported to attend IFAC and National Coach Development Weekends.
- 2 Teacher Education opportunities delivered to 20 teachers.
- 20 new Assistant Officials trained with 9 existing Officials progressing on to Level 2.
- Over 3500 Primary and Secondary pupils took part in Local Authority School competition ranging from Track and Field to Sportshall, Giant Heptathlon and Cross Country.
- RJT/ Virtual Sportshall programme delivered to 21 HNC Sports Coaching Students as part of Active Schools Partnership programme.
- New Run Jump Throw clubs formed with direct links to 1 club in Highland. A total of 2 formal RJT in the region with 170 athletes.
- EDM equipment purchased through Awards for All grant. This will increase the development of Officials and raise the standard of Competition offered.
- 80+ Club and Event visits in 2012/ 2013.

### Tayside & Fife and Central Regions (one RDM)

- 9 Clubs awarded the Foundation Club Accreditation Award – Fife AC new club accredited, now 6 clubs in T&F
- 4 Clubs obtaining Podium Award status – Arbroath & District AAC, Dundee Hawkhill Harriers, Central AC and Falkirk Victoria Harriers
- 5 Club Together Officers in post for 8-11 months with significant increases in membership, volunteers and coaches alongside Clubs improving internal structures and communication with external partners ( 3 in T&F)
- Club Together membership increases in Year 1:
- Arbroath & District AC – 50 new members retained, 93% increase in membership
- Central AC – 134 new members retained, 44% membership increase
- Dundee Hawkhill Harriers – 131 new members retained, 144% increase in membership



- Falkirk Victoria Harriers – 62 new members retained, 53% increase in membership
- Pitreavie AAC – 58 new members retained, 21% membership increase
- Club Together Volunteer and Coach Recruitment in Year 1:
- Arbroath & District AC – 22 new volunteers and 8 new coaches retained
- Central AC – 33 new volunteers and 16 new coaches retained
- Dundee Hawkhill Harriers – 28 new volunteers and 8 new coaches retained
- Falkirk Victoria Harriers - 25 new volunteers and 14 new coaches retained
- Pitreavie AAC – 12 new volunteers and 13 new coaches retained
- New Athletics Development Officer in Clackmannanshire Council
- 8 Certificated Coach Education Opportunities (4 in T&F – roughly 60 participants) took place in Central, Tayside & Fife with 107 coaches qualified (not including CPD training), also 24 Jogleaders trained- training took place in Dundee
- 44 Run, Jump & Throw Centres operating across the both Regions (increase) with more than 1,300 weekly attendances – majority now linking to clubs and formal club transition processes in place
- 80+ RDM club visits in 2012-13
- Increase in schools event participation with more than 15,000 children participating in local schools cross country, track & field, Sportshall or Giant Heptathlon events last year in Region
- 10 Teacher training opportunities delivered across 7 local authorities (6 in Tayside & Fife)
- 35 new officials trained across 3 local courses delivered
- 27 new coaches (age 16-25) recruited, trained and placed within local clubs in Region through National Volunteer Development Programme
- 28 clubs in the Region now accredited to Foundation Award
- South Ayrshire and South Lanarkshire Local Athletics Partnership fully operational and driven by RDM. 11 LAPs now operating across the Region (RDMs attended 24 LAP meetings)
- 13 formal Coach Education & Training opportunities for coaches with 85 qualified coaches from the Region last year.
- 81 Jog Leaders trained in West last year
- 7 Teacher Education courses and 71 teachers trained
- 13 informal coach training opportunities provided with 618 in attendance
- 2 national and 1 regional coach development weekends held in Glasgow with 220 attendances
- Circa 26,000 children participated in local schools cross country, track & field, Sportshall or Giant Heptathlon events last year in Region
- 90+ RDM (1.5 posts) club visits in 2012-13
- 4 new disability sections created through athletics clubs in West – Victoria Park City of Glasgow AC, Whitemoss AAC /East Kilbride AC, Kilmarnock Harriers and Nithsdale AC
- Majority of RJT centres now linking to clubs

## West Region

- 8 out of 9 Club Together clubs successfully completed Podium Award Club Accreditation
- Significant increase in all Club Together club memberships - 1,064 new members
- Significant increase in all Club Together club volunteers recruited (non coaching) - 292
- Significant increase in Club Together Coaches and Coaches helpers recruited - 130+
- Uptake of CPD opportunities by NVT club coaches 78
- All Club Together clubs received Club Leaders Workshop (74 leaders supported) 5 club workshops delivered for age and stage Under 12 multi events.





## Road and Cross Country

Freya Murray (Edinburgh AC) for her selection to represent Great Britain in the Marathon at the London 2012 Olympics and her subsequent 44th place in 2:32:14 (1st Briton).

Debbie Martin–Consani (Garscube H) and Sharon Law (Gateshead H) for their selection to represent Great Britain in the AU24 Hour World Championships in Katowice, Poland on September 8th & 9th and their subsequent Team bronze medals. Debbie Martin–Consani (Garscube H) also created a new Scottish record of 217,180.80 Km.

Rosie Smith (16th Team Silver Senior Women), Scott McDonald (45th Team Bronze U23 Men), Beth Potter (17th Team Silver U23 Women), Rhona Auckland (23rd Team Gold U20 Women) and Luke Traynor (38th Team Bronze) while representing Great Britain at the European Cross Country Championships in Budapest on 9/12/2012.

Central AC men for representing the UK and finishing 10th in the European Club Cross–Country Championships in Castellon, Spain on 3/2/2013.



## National Records

Name	Record	Event	Distance/Time	Place	Date
Jade Nimmo	Scottish National	Long Jump	6.47 m	Bowling Green Kentucky	14/04/12
Eilidh Child	Scottish National	400 Hurdles	54.96	Geneva	02/06/12
Eilish McColgan	Scottish National	3000 steeple chase	9:38.45	Oslo	07/06/12
Gregor McLean	Scottish National	Pole Vault	5.35 m	Birmingham	23/06/12
Nick Percy	Scottish U20	Discus Throw	56.12 m	Bedford	10/06/12
Nick Percy	Scottish U20	Discus Throw	56.13 58.14 59.53	Bedford	17/06/12
Jax Thoires	Scottish U20	Pole Vault	5.20 m	Grangemouth	04/07/12
Jax Thoires	Scottish U20	Pole Vault	5.10m equals record)	Loughborough International Loughborough	20/05/12
Allan Smith	Scottish Native	High Jump	2.22 m	SUA Champs, Emirates, Glasgow	12/01/13
Allan Smith	Scottish Native	High Jump	2.23 m	GB International, Emirates, Glasgow	26/01/13
Eilidh Child	Scottish Native	400m	52.88	GB International Emirates, Glasgow	26/01/13
Eilidh Child	National Record	400m	52.06	UK Champs, Sheffield	09/02/13
Eilidh Child	National Record	400m	51.50	BA Grand Prix, Birmingham	16/02/13
John McCall	Under 20	60m Hurdles	7.90	EA U20 Champs, Birmingham	24/02/13
John McCall	Under 20	60m Hurdles	7.88	EA U20 Champs, Birmingham	24/02/13
Edinburgh Athletic Club Relay Team	Under 20	4 X 200m relay	1:30.13	SAILEmirates, Glasgow	24/02/13
Eilidh Child	National Record	400m	51.45	European Champs Gothenburg	03/03/13
Chris O'Hare	National Record	Mile	3:52.98	Millrose Games New York	16/02/13
Chris O'Hare	National Record	1500m	3:37.25	Millrose Games New York	16/02/13





## Hill Running

Robbie Simpson for his selection to the GB team at the European Mountain Running Championships in Turkey on 7 July 2012, and his subsequent 19th place (2nd UK athlete).

At the Snowdon International Race on 21 July, Murray Strain finished first and Robbie Simpson finished second.

Robbie Simpson (18th, 2nd UK athlete) and Joe Symonds (36th, 3rd UK athlete) for selection to the GB team at the World Mountain Running Championships in Italy on 2 September 2012.

Robbie Simpson (1st) and Murray Strain (3rd) for their performances at the Senior Home International in Cumbria on 22 September 2012.

## Track and Field

### European Cup

Freya Ross	Senior	June 2012	10,000m
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### World Juniors

Nick Percy	U20	July 2012	Discus
Emily Dudgeon	U20	July 2012	800m
Laura Muir	U20	July 2012	3000m
Tom Holligan	U20	July 2012	4 x 100m

### European Championships

Lynsey Sharp	Senior	June 2012	800m (gold)
Eilish McColgan	Senior	June 2012	3000m s/c*
Lee McConnell	Senior	June 2012	400m, 4 x 400m
Eilidh Child	Senior	June 2012	400m H, 4 x 400m
Mark Dry	Senior	June 2012	Hammer
Steph Twell	Senior	June 2012	1500m, 5000m *

\* Selected but did not compete

### Olympics

Eilidh Child	Senior	August 2012	400m H, 4 x 400m
Lee McConnell	Senior	August 2012	400m, 4 x 400m
Lynsey Sharp	Senior	August 2012	800m
Eilish McColgan	Senior	August 2012	3000m s/c
Freya Ross	Senior	August 2012	marathon

### Paralympics

Stef Reid	Senior	September 2012	F42/44 Long Jump (silver)
Libby Clegg	Senior	September 2012	T12 100m, 200m (silver)

### World Half Marathon Champs

Susan Partridge	Senior	October 2012	Half Marathon
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### European Indoors

Eilidh Child	Senior	March 2013	400m, 4 x 400m (silver/gold)
Laura Muir	Senior	March 2013	1500m



jogscotland has continued to attract newcomers to the sport; around 6,000 new members and 72 new registered groups throughout the country. Billy Mitchell was appointed as Head of jogscotland in December 2012. He has been active in meeting Jog Leaders and the wider jogscotland membership since then. Membership

At the end of March 2013 jogscotland had more than 27,000 runners and Jog Leaders on its database. There were 501 jogscotland community groups and 222 jogscotland workplace groups. (March 2012: over 21,000 members in database, 434 community groups, 217 workplace groups).

### Events

1,730 runners and over 150 juniors participated in the jogscotland 5k and Fun Run Challenges. For 2013, a new approach is being trialled, with the delivery of events contracted to a third party and branded as "One Big Weekend"

### Education and Development

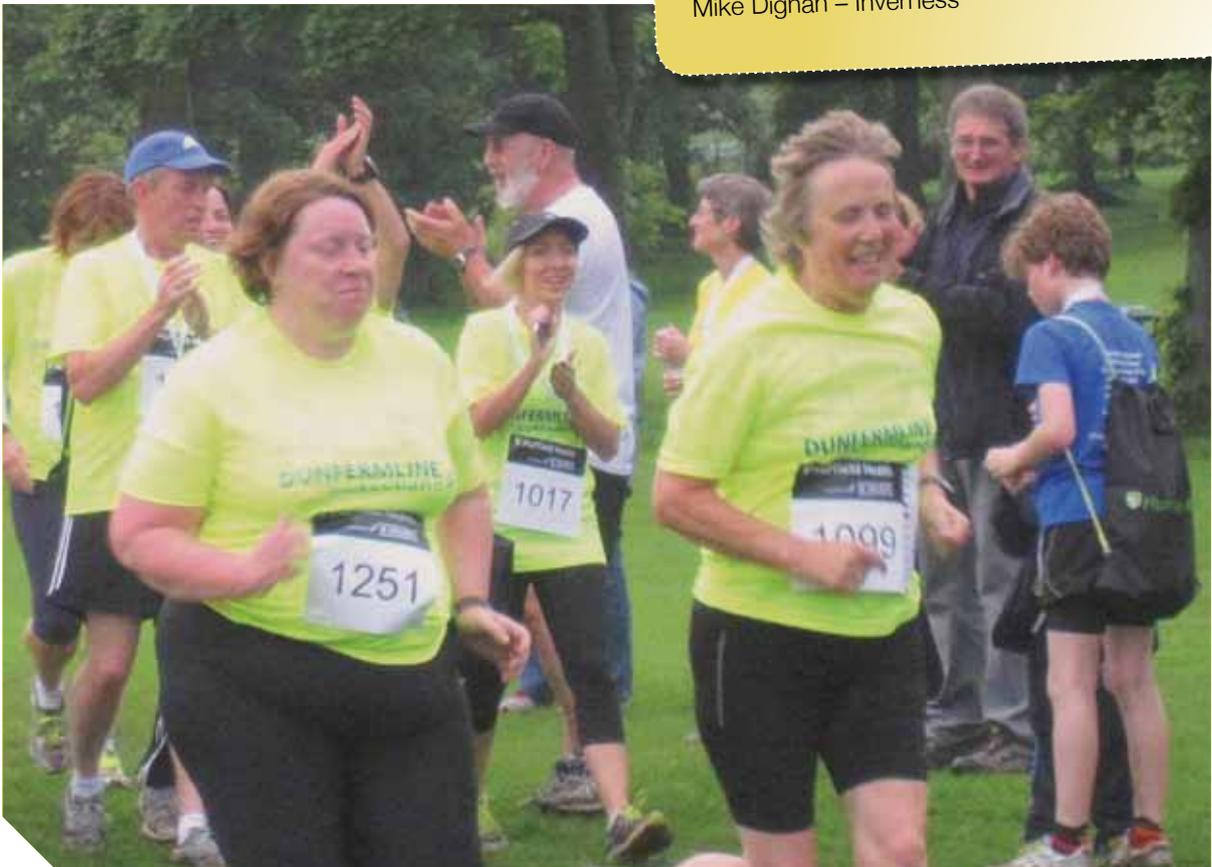
27 Jog Leader courses took place during the year, training 435 new Leaders. Following a successful pilot in Inverness during February, a Jog Leader update session is being offered around the country in summer and autumn 2013. This programme aims to refresh the knowledge of our Jog Leaders and to provide them with the opportunity to meet SA staff and fellow Jog Leaders. One Advanced Jog Leader course) took place during the year, training six Advanced Jog Leaders. The Advanced Jog Leader course was discontinued to be replaced by the UKA course Coach in Running Fitness (CiRF).

### Awards 2012

**jogscotland Achiever**  
Debbie Hill – Glasgow FrontRunners

**jogscotland Leader**  
Mike Dignan – Inverness

**jogscotland Group**  
Mike Dignan – Inverness



A large group of jogscotland group Grand Recovery Runners took part in the Great Scottish Run in September; Joggers take part in the Peebles jogscotland 5K Challenge in June.



## Track & Field Commission Report

Firstly and very importantly I would like to take this opportunity to thank all our sponsors over the past year; Glasgow Life for their continued sponsorship of the Scottish Senior Championships and Kukri for their sponsorship of the team kit. We continued to “professionalise” the presentation of our Senior championships and the use of roving mikes infield kept spectators fully updated with progress in all the field events on both days. Feedback from the athletes was generally positive and there was an appreciation that an effort had been made to give all athletes a similar championship experience. The experiment of a June date for the Championships was not well received by many Senior athletes, who felt their season was over before it had started and the Championships have moved to an early August date.

The district championships were re- instated for all age groups and they attracted large entries especially in the younger age groups. Running on an open graded format in the West, a full day Championship event in the North and a 2 day event in the East it was deemed that they offered Championship experience in a very positive and supportive environment. These events were convened by a club within each region and a special thanks has to be extended to Ayr Seaforth and Edinburgh Athletic Club, without whom these events would not have been back on the calendar.

The huge popularity of the Super Team competition for the U12 athletes continues and officials were stretched to the limit at Pitreavie, where the challenges of running this event on one weekend in conjunction with the Combined Event Championships, the Masters and the longer relay championships have forced us into a restructuring for the 2013 outdoor season.

The U14 / U16 / U18 age groups, which **scottishathletics** piloted in the 2011 season continued in 2012 and the age group Championships reverted to an August date with an increase in entries. However work still needs to be done to improve entry figures in the outdoor championships.

A particular mention to Edinburgh AC for winning a UK title – winners of the Young Athletes League at the final held in September – the first such win by a Scottish club. A notable achievement by the club – congratulations to athletes, coaches, mums and dads!

The new software package, Meet Manager, introduced in 2011 at all Championship/Open events has proved to be a very shrewd investment and was successfully used in all events. Clubs and regions are now looking to invest in the system but it remains



a challenge to ensure that we have a pool of people trained to use the system.

The Celtic Games came to Scotland and were hosted at the magnificent Sports Village in Aberdeen. Our thanks go to Aberdeen City Council for their support and it was a memorable occasion for all those involved in the event.

The indoor season of 2013 was an unqualified success and the magnificent Emirates arena has already proved itself to be an outstanding venue. Officials coped magnificently with the challenges of working in a new arena and whether it was the full house for the Glasgow International or the hundreds of athletes in the Open, the Championships and the Indoor Leagues everything ran very smoothly.

One of the legacies of the Olympics has been increased participation numbers especially in the U12 age group and the structure of the 2013 indoor season will be looked at in the light of the undoubted popularity of the Super Team event.

Filed with magical moments to last a lifetime 2012 was unforgettable and it is only fitting that this report acknowledges and congratulates yet again our 5 Olympians, who wore their British vest on the global stage with so much pride; Lynsey Sharp, Lee McConnell, Eilidh Child, Freya Murray and Eilish McColgan. Special congratulations are also due to Lynsey, who has been elevated to European Champion over 800m .

**Moira Maguire**  
Convenor

## Road Running and Cross Country

The two major strategic aims of the Road Running and Cross Country Commission are to increase participation in Championships and to improve the quality of results domestically and internationally. The Commission has a two-pronged approach to these strategic aims: the first to improve the attractiveness of the championships year on year; and the second to refine the support for coaches and athletes at the top level. Over the years, the participation statistics for participation, particularly in cross country events, have been collected and published on the Commission's website at <http://www.salroadrunningandcrosscountrymedalists.co.uk/index.html>.

They show a healthy increase in all the championship events for almost 20 years especially in the participation of women. The cross country championships promoted by the Commission are: 4K; National; 3 Districts; Inter-District; Masters; 3 District Relays and National Relays. In addition there is a Grand Prix Series for seniors based on the 4K, District, Inter-District and National and a team Challenge (Short Course) based on the relays and the 4K championships.

In road running the Commission promotes championships at: 5K; 10K; 10 miles; half-marathon; marathon; 50K and 100K with a Grand Prix Series based on the first 5 of these events. It is harder to establish participation numbers of SAL members in these events as the championships all held in a part of other promotions.

Recently the Commission has established two Championships in Trail Running: the Ultra Trail Race and the Short Trail championship – 15K (men) and 10K (women).

Over the last year the Commission has been developing, in addition to what we have, statistics to monitor both participation and performance. I hope to report on them in next year's Annual Report. For the moment can I congratulate the following as the leading performances of the 2012-3 season:

- Freya Murray (Edinburgh AC) for her selection to represent Great Britain in the Marathon at the London 2012 Olympics and her subsequent 42nd place in the race (1st Briton).
- Debbie Martin-Consani (Garscube H) and Sharon Law (Gateshead H) for their selection to represent Great Britain in the IAU 24H World Championships in Katowice, Poland on September 8th & 9th and their subsequent Team bronze medals. Debbie Martin-Consani (Garscube H) also created a new Scottish record of 217 180.80Km.



- Rosie Smith (16th Team Silver Senior Women), Scott McDonald (45th Team Bronze U23 Men), Beth Potter (17th Team Silver U23 Women), Rhona Auckland (23rd Team Gold U20 Women) and Luke Traynor (38th Team Bronze) while representing Great Britain at the European Cross Country Championships in Budapest on 9/12/2012.

Central AC men for finishing 10th in the European Club Championships in Castellon, Spain on 3/2/2013.

Again we are indebted to our sponsors: Falkirk District Council (National XC); Glasgow City Council (National 4K XC); and North Lanarkshire Council (National XC Relays) for their continued support in these difficult economic times.

The 2013 Road Running season is well underway and continues the plan of 2011 of aligning the SAL Grand Prix with the Championships. Again we extend our gratitude to the hosts for our road championships: Heriot-Watt University (Young Athletes); Self Transcendence 5K Road Race (5K); Stirling 10K (10K); Tom Scott Memorial Races (10 mile); Moray half-marathon (half-marathon); Inverness marathon (marathon) and West Lothian Council (4/6 stage Relay).

The Trail Running Scottish Championship will again held in conjunction with the Highland Fling (Milngavie to Tyndrum) race and the new 15K/10K championships will be hosted by Fife AC.

As with every year many people contribute to the successful running of the road and cross country season – thank you all.

**Ron Morrison**  
Convenor

## Hill Running

In 2012, Scotland's hill runners had some great achievements.

The Senior and Junior Home Internationals were held in a single event at Melmerby in eastern Cumbria in September 2012. In the senior races, Robbie Simpson stormed home to win in convincing style, closely supported by Murray Strain in 3rd place. However, with 5 runners to count, the greater English strength in depth pushed the Scottish team into second place. In the women's race, Catriona Buchanan led the Scottish team home, but that team also had to settle for 2nd place. The 2 events will revert to being held separately in 2013, with Scotland hosting the junior races at Aberfoyle.

The Junior Home Internationals are contested between Under-16 and Under-18 teams of boys and girls. Halina Rees (U18) brought home an excellent individual silver medal, while Catriona Graves (U16) won a hard-fought battle for a bronze. Among the boys, Andrew Lawler (U18) achieved an excellent bronze, and the U16 boys won team silver. Graves' and Lawler's home international achievements had been presaged by their excellent performances at the World Youth Cup in Ireland in July where Graves was 4th, just denied a medal, and Lawler was 11th. The international standard in the Youth Cup competition has developed substantially in recent years.

The UK Athletics McCain Mountain Running Series in 2012 was decided on best 3 results from 4 races. Christina Rankin achieved an excellent 3rd place overall, and was one of the few Scots to complete 3 races.

The Inter counties championship was held in May in the Peak District. Scotland East's women's came home with silver medals after strong individual finishes by Sarah McCormack (2nd) and Sarah O'Neil (6th). Among the men, Scotland Central were our strongest representatives in 6th place.

One of the team highlights of the year is the UK Relay championships. In October 2012, these were held on the Long Mynd in Shropshire. Hunter's Bog Trotters sent strong 6-person men's and women's teams, and were rewarded with victory in the women's race, and an excellent 7th place in the men's competition. The women's result follows on from being runners-up in 2011 and winners in 2010, which is a remarkable record of success.

The Snowdon International Race is an annual highlight for Scottish teams. July 2012 saw a Scottish men's double, with Murray Strain victorious, closely supported by Robbie Simpson. That double was also rewarded with team gold medals.



In the UK teams for World and European championships, Scotland has an excellent record of representation. Peter Harrison continued that proud tradition by being the leading British Junior Man home at both the Europeans in Turkey in July and the Worlds in Italy in September. In the senior men's races at each event, Robbie Simpson was Scotland's leading representative, being second UK finisher in both events. Unfortunately, neither man was able to claim a medal for those performances.

The World Long Distance Championships in 2012 were held in conjunction with the Jungfrau Marathon in Switzerland. The course comprises a relatively flat first 20km, followed by a second half of continuous climb. The perennial Angela Mudge was 7th woman overall, with the team in 6th position. For the men, Robbie Simpson was first home in 9th, and great packing by the team was rewarded with 4th team position.

Scottish hill running is in good health. The Commission is actively developing statistics to assess both participation and performance, which is no easy task across as diverse a discipline as ours.

**Hugh Buchanan**  
Convenor

## Officials Commission Report 2012–2013



This past year has been memorable for many reasons not the least being a wonderful Olympic and Paralympic Games. Those of us who were fortunate to participate as Technical Officials or as Games Makers will never forget the experience. We hope that our Commonwealth Games next year will be just as memorable.

The Commission held four meetings, there were two Allocation and Upgrading subcommittee meetings and a number of other subcommittee meetings, including Service to Members and Recruitment and Retention and for the first time the discipline heads met, together with myself to look at uniforming the grading system for Level 2's. A number of our members served on UKA Committees and I represented us at UKA Officials Allocation and Upgrading (Territorial Secretaries) meetings and the Home Countries Forum.

As always these are only the meetings, behind them an awful lot of work goes on and I would like to thank all the members of the Commission and members of all the committees for giving up of their time and for the work they have done over the past year.

This year saw for the first time 3 of our officials elected to the UKA Peer Groups - well done to Dave Biggin starter/marksman, Jim Callender Track and Mike Forrest PF. Congratulations also to Jim Callender who received the Official of the Year Award and Margaret McInally for Service to Officiating Award. Both received their awards at the **scottishathletics** awards dinner in November. Also recognized at the dinner was the achievement of the Technical officials selected for the Olympic and Paralympic Games who paraded in their formal uniforms – an impressive sight!

My thanks go to Bill Watson who regrettably is standing down as Deputy Convenor. It is mainly through his work and effort over the past year on Trinity that our reports and assessments are now successfully up and running. This success has

allowed us to introduce at our meetings National Technical Delegates (NTD's) which fully aligns our championship meetings with UKA Level 4 meetings. When you consider that it is less than 2 years since we introduced the HyTek meet manager system and less than 18 months since the first introduction of Trinity, the fact that our meetings are now run at the top level is a major achievement and congratulations are in order for all officials.

Our Training day last November was very successful with some 56 officials attending a variety of courses. In addition throughout the year, when numbers have been sufficient courses have been run locally. As mentioned earlier the Discipline Heads met and formalized the process for moving from Level 2A through to 2C and we will be publishing this on the **scottishathletics** web site shortly.

British Athletics (UKA) has issued a discussion document essentially removing the International Officials Group (IOG) and simply replacing it with Level 3. Those who have just become Level 3's will be required to be probationary for 2 years. There is more but it is a discussion document and has yet to be finalised however what is certain that changes will occur at Level 3 and at the Management levels.

Although there has been no Conference this year the Service to Members group have been very busy and are well underway organising a Conference on September the 29th at Carnegie Conference centre in Dunfermline.

In collaboration with the Commonwealth Games Athletics Competition Manager the selection process for the NTO's has been formalized with the senior posts being advertised and is well underway. The plan is that all NTO's will be formally informed of their selection in July.

**Vic Hockley**  
Convenor Officials' Commission



## Accounts



# Directors' Report

The directors present their report and financial statements for the year ended 31 March 2013.

## Principal Activities

The company's principal activity is to act as the governing body for athletics in Scotland and as such to foster, develop and control the sport of athletics in Scotland. The year ahead offers the challenge of implementing and building upon our revised strategic plan, seeking to maximise the benefits and opportunities afforded by the forthcoming Glasgow Commonwealth Games - both in terms of performance of the athletes selected, and also in terms of utilising the event as a catalyst for further development of the sport. The opportunities extend across the spectrum of our business - performance success in the competition, but increasing participation and membership in all disciplines of our sport as a long term goal and benefit.

## Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## Financial Review

The company has recorded a surplus for the year of £66,921 (2012 – £7,264) with reserves at 31 March 2013 of £202,705 (2012 – £135,784)

The results are consistent with the budgetary expectations stated at the last annual general meeting.

The financial strategy of the company has been to maintain the normal operating budget for ongoing activities on a break-even basis, seeking to increase the Reserves by a minimum of 10% year on year - seeking to achieve a reserve of 6 months operating costs ultimately. Grant funding from **sportscotland** is allocated primarily to staff costs, administration and to international performance & competition, with the balance of funding required to be generated from external sponsorship, membership or generated through activity.

In general, sponsorship income is committed to particular events or programmes, and carries a commitment to the sponsor to present their image in a defined, and high quality manner. The financial objective of the company is to generate sufficient income to enable the company to operate ahead of breakeven level year on year and to build reserves as protection against any future loss of income and to finance the continued development of the sport in Scotland.

Scottish Athletics is a company limited by guarantee incorporated on 28/03/2001. The company was established under a Memorandum of Association which established the objects and powers of the company and is governed by the Articles of Association.

The total income of the company was £2,015,368 (2012 - £1,920,128) with grant funding providing 56%, membership and event income 34%, marketing and sponsorship 2% and other sources 8%. The financial performance gives Scottish Athletics a solid platform to advance the sport in the coming years.

As ever, Scottish Athletics would like to thank their partners & sponsors: sportscotland, UK Athletics, Big Lottery Fund, Nuffield Health, Kukri, Run 4 It, and Run and Become for their support as well as the contributions made to events and essential development programmes by City of Edinburgh Council and Glasgow City Council, as well as many other local authorities. Such support remains vital to the sport's success.

## Directors

With the exception of the Chair, President and Chief Executive, all Board Members retire at the Annual General Meeting but are eligible for re-election. The tenure of the Chair is four years but he or she is eligible for re-appointment. The President shall be elected for a maximum of four years, with eligibility for re-election after a period of one year.

## Membership

At 31 March 2013, 156 Clubs and Associates were in membership of the company (2012 - 160) and there were 10,102 members of Athletics Scotland, the membership scheme of Scottish Athletics (2012 - 8,785)

## Auditors

Henderson Loggie are part way through the three year contract term. A resolution proposing their continued appointment will be submitted at the Annual General Meeting.

## Statement as to Disclosure of Information to Auditors

The Board Members who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the auditors are unaware. Each of the Board Members have confirmed that they have taken all the steps that they ought to have taken as Board Members in order to make themselves aware of any relevant audit information and to establish that it has been communicated to the auditor.

## Small Company Rules

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

By order of the Board  
Nigel Holl, Director  
17 June 2013

## Directors

Leslie Roy (President)	
Ian Beattie (Chairperson)	Appointed 26/04/12
Nigel Holl (Chief Executive)	
Tommy Boyle	
Mark Coyle	Resigned 08/09/12
Alex Barr	
James Stewart	
Julia Bracewell	Resigned 20/11/12
Ronald Morrison	
David Lindgren (Secretary)	



# Independent Auditors' Report

We have audited the financial statements of Scottish Athletics Limited for the year ended 31 March 2013 which comprise the profit and loss account, the balance sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice Applicable to Smaller Entities).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

## Respective responsibilities of directors and auditor

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for auditors.

## Scope of the audit

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatements, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the directors' report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material inconsistencies we consider the implications for our report.

## Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2013 and of its surplus for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements.

## Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you, if in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements in accordance with the small company regime and take advantage of the small companies' exemption in preparing the directors' report.

For and on behalf of Henderson Loggie Statutory Auditors

**Janet Stevenson** (Senior Statutory Auditor)

24 June 2013

# Profit and Loss Account

For the year ended 31 March 2013

	Notes	2013 £	2012 £
<b>Income</b>			
Income from grant funding		1,123,943	1,097,437
Income from marketing and sponsorship		47,066	93,822
Income from the membership and from events		673,999	575,635
Other income		170,360	153,234
<b>Total operating income</b>		<b>2,015,368</b>	<b>1,920,128</b>
<b>Expenditure</b>			
Administrative costs		551,450	543,080
Events and programme costs		1,319,822	1,300,504
Membership scheme costs		40,675	44,058
Marketing and fundraising costs		39,727	31,756
<b>Total operating expenditure</b>		<b>1,951,674</b>	<b>1,919,398</b>
<b>Operating surplus</b>	2	<b>63,694</b>	<b>730</b>
Interest receivable		13,951	11,134
<b>Surplus for the year before taxation</b>		<b>77,645</b>	<b>11,864</b>
Taxation		10,724	4,600
<b>Surplus for the year</b>		<b>66,921</b>	<b>7,264</b>

## Balance Sheet

As at 31 March 2013

	Notes	2013 £	2012 £
<b>Fixed assets</b>			
Investments	5	22,914	22,914
Tangible assets	6	21,128	25,024
		44,042	47,938
<b>Current assets</b>			
Debtors	7	123,295	134,370
Cash at bank and in hand		986,977	1,110,752
		1,110,272	1,245,122
<b>Creditors: amounts falling due within one year</b>	8	<b>(951,609)</b>	<b>(1,157,276)</b>
<b>Net current assets</b>		<b>158,663</b>	<b>87,846</b>
<b>Total assets less current liabilities</b>		<b>202,705</b>	<b>135,784</b>
<b>Net assets</b>		<b>202,705</b>	<b>135,784</b>
<b>Reserves</b>	9	<b>202,705</b>	<b>135,784</b>

The financial statements have been prepared in accordance with the provision applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008), and were approved and authorised for issue by the board on 17 June 2013 and signed on its behalf by:

**Ian Beattie, Director**

17 June 2013



# Notes to the financial statements

For the year ended 31 March 2013

## 1. ACCOUNTING POLICIES

### Basis of preparation

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

### Going concern

At 31 March 2013 the company had net current assets of £158,663 (2012- £87,846). Having reviewed the financial projections for the year to 31 March 2014 and having regard to both confirmed and indicative funding for the period to 2015, the Directors are satisfied that the going concern basis is appropriate.

### Recognition of income

Income is credited in the accounts on the date of receipt, except for subscriptions, fees and grants received in advance that are credited in the year in which they fall due.

Should grant income received during the financial period be unspent during that period, the position is discussed with the funders and subject to the agreement of the organisation providing that income, the sums concerned will be deferred and utilised to meet appropriate business needs in subsequent financial periods.

### Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off evenly the cost of fixed assets over their expected useful life, as follows:-

Computer equipment	- 4 years
Other office equipment	- 4 years
Furniture and Fittings	- 10 years

Website design and content development costs are capitalised to the extent that they lead to the creation of an enduring asset delivering benefits at least as great as the amount capitalised. The website costs are depreciated on a straight line basis over 3 years following completion of the development work. Grant income in respect of the development is released to the Profit and Loss account over the same 3 year period.

### Investments

Fixed asset investments are stated at cost less provision for impairment in value.

### Pensions

The company operates a group pension scheme, contributing a fixed percentage of each employee's salary to an individual pension plan. Costs in respect of this are charged to the Profit and Loss account in the period they are incurred.

### Leased assets

The annual rentals on operating leases on equipment and vehicles, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

## 2. OPERATING SURPLUS

	2013 £	2012 £
Operating surplus is stated after charging:		
Depreciation of tangible fixed assets	11,875	13,810
Auditors' remuneration	5,445	5,445
	current auditors	4,192
	previous auditors	-
Pension costs	30,468	30,966

## 3. TAXATION

	2013 £	2012 £
Corporation tax charge	10,724	4,600
	current year	

#### 4. DIRECTOR'S EMOLUMENTS

The director's aggregate emoluments in respect of qualifying services were:

		<b>2013</b> £	<b>2012</b> £
Emoluments receivable	Remuneration	71,508	69,971
	Pension	3,978	3,900

As at 31 March 2013 retirement benefits were accruing to one director in respect of money purchase pension schemes.

#### 5. INVESTMENTS

	<b>2013</b> £	<b>2012</b> £
At 1 April 2012 and 31 March 2013	<u>22,914</u>	<u>22,914</u>

Investments at the year ended 31 March 2013 relate to trophies and McLanaghan Trust. All investments are held at cost.

#### 6. TANGIBLE FIXED ASSETS

	<b>Office Equipment</b> £	<b>Furniture &amp; Fittings</b> £	<b>Website</b> £	<b>Total</b> £
At 1 April 2012	83,705	11,315	31,140	126,160
Additions	7,979	-	-	7,979
<b>At 31 March 2013</b>	<b><u>91,684</u></b>	<b><u>11,315</u></b>	<b><u>31,140</u></b>	<b><u>134,139</u></b>
<b>Depreciation</b>				
At 1 April 2012	(68,717)	(9,612)	(22,807)	(101,136)
Charge for year	(7,463)	(579)	(3,833)	(11,875)
At 31 March 2013	<u>(76,180)</u>	<u>(10,191)</u>	<u>(26,640)</u>	<u>(113,011)</u>
<b>Net book value</b>				
At 31 March 2013	<b><u>15,504</u></b>	<b><u>1,124</u></b>	<b><u>4,500</u></b>	<b><u>21,128</u></b>
<b>At 31 March 2012</b>	<b><u>14,988</u></b>	<b><u>1,703</u></b>	<b><u>8,333</u></b>	<b><u>25,024</u></b>

#### 7. DEBTORS

	<b>2013</b> £	<b>2012</b> £
Trade debtors	110,924	92,456
Other debtors	456	10,821
Prepayments	11,915	31,093
	<u>123,295</u>	<u>134,370</u>

#### 8. CREDITORS - Amounts falling due within one year

	<b>2013</b> £	<b>2012</b> £
Trade creditors	93,361	144,896
V.A.T. payable	7,752	7,317
Corporation Tax	10,724	15,060
Trust fund creditors	12,177	12,177
Other creditors	36,911	54,085
Deferred income	650,648	842,941
Accrued charges	140,036	80,800
	<b><u>951,609</u></b>	<b><u>1,157,276</u></b>



## 9. RESERVES

	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Prior year balance carried forward	135,784	128,520
Surplus for the current year	66,921	7,264
	<b>202,705</b>	<b>135,784</b>

## 10. COMMITMENTS UNDER OPERATING LEASES

At 31 March 2013 the company had annual commitments under non-cancellable operating leases as follows:

	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
<b>Land and Buildings</b>		
Expiring in less than one year	34,230	34,230
<b>Other</b>		
Expiring in less than one year	1,474	-
Expiring in, between two and five years	19,000	-

## 11. ULTIMATE CONTROLLING PARTY

The organisation is controlled by its Club and Associate members who are entitled to mandate one delegate each to attend any General Meeting, speak and vote on their behalf.





**scottishathletics** 

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