

scottishathletics

road race grand prix



| 2016 | Male | | Female | |
|-----------------------|------------|------------|------------|------------|
| | A Standard | B Standard | A Standard | B Standard |
| | 5 shares | 2 shares | 5 shares | 2 shares |
| Tom Scott 10 Miler | 50:00 | 51:00 | 56:20 | 57:00 |
| London Marathon | 2:20:00 | 2:24:00 | 2:44:00 | 2:48:00 |
| Silverknowles 5k | 14:30 | 14:45 | 16:20 | 16:35 |
| Stirling 10k | 30:00 | 30:30 | 34:30 | 35:00 |
| Glasgow Half Marathon | 65:00 | 67:00 | 76:00 | 78:00 |

| 2016 | Male (5 shares) | Male (2 shares) | Female (5 share) | Female (2 shares) |
|--------------------|---|--|--|--|
| Tom Scott 10 Miler | | Tewelde Mengisteab 50:49 Neil Renault 50:54 | Fionualla Ross 55:50 | |
| London Marathon | Callum Hawkins 2:10:52 Tsegai Tewelde 2:12:23 Derek Hawkins 2:12:57 Robbie Simpson 2:15:38 | Neil Renault 2:23:31 | Freya Ross 2:37:52 Lesley Pirie 2:41:04 | Gemma Rankin 2:46:34 |
| Silverknowles 5k | | Mark Mitchell 14:32 Dermot Cummins 14:42 Cameron Milne 14:44 | Madeleine Murray 16:07 | Morag MacLarty 16:31 Jennifer Wetton 16:34 Stephanie Pennycook 16:34 |
| Stirling 10k | | Kristian Jones 30:24 | Fionualla Ross 34:02 | Jennifer Wetton 34:38 Josephine Moultrie 34:50 |
| Glasgow Half Mara | Callum Hawkins 1:00:24 Tewelde Mengisteab 1:04:23 | Andrew Lemoncello 1:05:49 Tsegai Tewelde 1:05:53 Neil Renault 1:06:11 Jack Walker 1:06:29 | Beth Potter 1:12:07 Fionualla Ross 1:14:17 Gemma Rankin 1:15:18 Katie White 1:15:39 Fanny Gyurko 1:15:43 | Avril Mason 1:17:36 Pirie 1:17:52 Leslie |

| Total Shares 2016 | Male | Female |
|-------------------|--|--|
| | Callum Hawkins - 10 Tsegai Tewelde - 7 Tewelde Mengisteab - 7 Neil Renault - 6 Derek Hawkins - 5 Robbie Simpson - 5 Mark Mitchell - 2 Dermot Cummins - 2 Cameron Milne - 2 Kristian Jones - 2 Andrew Lemoncello - 2 Jack Walker - 2 | Fionualla Ross - 15 Gemma Rankin - 7 Lesley Pirie - 7 Beth Potter - 5 Madeleine Murray - 5 Freya Ross - 5 Fanny Gyurko - 5 Katie White - 5 Jennifer Wetton - 4 Morag MacLarty - 2 Stephanie Pennycook - 2 Josephine Moultrie - 2 Avril Mason - 2 |

| Prize Money 2016 | Male (£2000) | Female (£2000) |
|------------------|---|---|
| | Callum Hawkins - £384.61 Tsegai Tewelde - £269.23 Tewelde Mengisteab - £269.23 Neil Renault - £230.77 Derek Hawkins - £192.31 Robbie Simpson - £192.31 Mark Mitchell - £76.92 Dermot Cummins - £76.92 Cameron Milne - £76.92 Kristian Jones - £76.92 Andrew Lemoncello - £76.92 Jack Walker - £76.92 | Fionualla Ross - £454.54 Gemma Rankin - £212.12 Lesley Pirie - £212.12 Beth Potter - £151.52 Madeleine Murray - £151.52 Freya Ross - £151.52 Fanny Gyurko - £151.52 Katie White - £151.52 Jennifer Wetton - £121.21 Morag MacLarty - £60.60 Stephanie Pennycook - £60.60 Josephine Moultrie - £60.60 Avril Mason - £60.60 |

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| WOMEN | | Tom Scott 10 miles | | London Marathon | | Self Transcendence 5km | | Stirling 10km | | Great Scottish Run Half Marathon | | TOTAL | |
|-------|--------------------|----------------------|-----------|-----------------|-------------|------------------------|-----------|----------------|-----------|----------------------------------|-----------|-------|----|
| | | 10th April | | 24th April | | 6th May | | 11th September | | 2nd October | | | |
| NAME | CLUB | A | B | A | B | A | B | A | B | A | B | | |
| | | Sub 57:00 | Sub 58:00 | Sub 2:44:00 | Sub 2:48:00 | Sub 16:20 | Sub 16:35 | Sub 34:30 | Sub 35:00 | Sub 76:00 | Sub 78:00 | | |
| 1 | Fionnuala ROSS | SHETTLESTON HARRIERS | 5 | - | - | - | - | - | 5 | - | 5 | - | 15 |
| 2 | Lesley PIRIE | VPCOG | - | - | 5 | - | - | - | - | - | - | 2 | 7 |
| 3 | Gemma RANKIN | KILBARCHAN AAC | - | - | - | 2 | - | - | - | - | 5 | - | 7 |
| 4 | Freya ROSS | EDINBURGH AC | - | - | 5 | - | - | - | - | - | - | - | 5 |
| 5 | Madeleine MURRAY | EDINBURGH AC | - | - | - | - | 5 | - | - | - | - | - | 5 |
| 6 | Beth POTTER | VPCOG | - | - | - | - | - | - | - | - | 5 | - | 5 |
| 7 | Katie WHITE | GARSCUBE HARRIERS | - | - | - | - | - | - | - | - | 5 | - | 5 |
| 8 | Fanny GYURKO | CENTRAL AC | - | - | - | - | - | - | - | - | 5 | - | 5 |
| 9 | Jennifer WETTON | CENTRAL AC | - | - | - | - | - | 2 | - | 2 | - | - | 4 |
| 10 | Morag MACLARTY | CENTRAL AC | - | - | - | - | - | 2 | - | - | - | - | 2 |
| 11 | Stephie PENNYCOOK | FIFE AC | - | - | - | - | - | 2 | - | - | - | - | 2 |
| 12 | Josephine MOULTRIE | VPCOG | - | - | - | - | - | - | 2 | - | - | - | 2 |
| 13 | Avril MASON | SHETTLESTON HARRIERS | - | - | - | - | - | - | - | - | - | 2 | 2 |

Total Shares = 66

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| MEN | | Tom Scott 10 miles | | London Marathon | | Self Transcendence 5km | | Stirling 10km | | Great Scottish Run Half Marathon | | TOTAL | |
|------|--------------------|----------------------|-----------|-----------------|-------------|------------------------|-----------|----------------|-----------|----------------------------------|-----------|-------|----|
| | | 10th April | | 24th April | | 6th May | | 11th September | | 2nd October | | | |
| NAME | CLUB | A | B | A | B | A | B | A | B | A | B | | |
| | | Sub 50:00 | Sub 51:00 | Sub 2:20:00 | Sub 2:24:00 | Sub 14:30 | Sub 14:45 | Sub 30:00 | Sub 30:30 | Sub 65:00 | Sub 67:00 | | |
| 1 | Callum HAWKINS | KILBARCHAN AAC | - | - | 5 | - | - | - | - | - | 5 | - | 10 |
| 2 | Tewolde MENGISTEAB | SHETTLESTON HARRIERS | - | 2 | - | - | - | - | - | - | 5 | - | 7 |
| 3 | Tsegai TEWELDE | SHETTLESTON HARRIERS | - | - | 5 | - | - | - | - | - | - | 2 | 7 |
| 4 | Neil RENAULT | EDINBURGH AC | - | 2 | - | 2 | - | - | - | - | - | 2 | 6 |
| 5 | Robbie SIMPSON | DEESIDE RUNNERS | - | - | 5 | - | - | - | - | - | - | - | 5 |
| 6 | Derek HAWKINS | KILBARCHAN AAC | - | - | 5 | - | - | - | - | - | - | - | 5 |
| 7 | Cameron MILNE | CENTRAL AC | - | - | - | - | - | 2 | - | - | - | - | 2 |
| 8 | Dermot CUMMINS | COSTORPHINE AAC | - | - | - | - | - | 2 | - | - | - | - | 2 |
| 9 | Mark MITCHELL | FORRES HARRIERS | - | - | - | - | - | 2 | - | - | - | - | 2 |
| 10 | Kristian JONES | DUINDEE HAWKHILL | - | - | - | - | - | - | 2 | - | - | - | 2 |
| 11 | Andrew LEMONCELLO | FIFE AC | - | - | - | - | - | - | - | - | - | 2 | 2 |
| 12 | Jack WALKER | GIFFNOCK NORTH AAC | - | - | - | - | - | - | - | - | - | 2 | 2 |

Total Shares = 52