

scottishathletics

road race grand prix



2016	Male		Female	
	A Standard	B Standard	A Standard	B Standard
	5 shares	2 shares	5 shares	2 shares
Tom Scott 10 Miler	50:00	51:00	56:20	57:00
London Marathon	2:20:00	2:24:00	2:44:00	2:48:00
Silverknowles 5k	14:30	14:45	16:20	16:35
Stirling 10k	30:00	30:30	34:30	35:00
Glasgow Half Marathon	65:00	67:00	76:00	78:00

2016	Male (5 shares)	Male (2 shares)	Female (5 share)	Female (2 shares)
Tom Scott 10 Miler		Tewolde Mengisteab 50:49 Neil Renault 50:54	Fionualla Ross 55:50	
London Marathon	Callum Hawkins 2:10:52 Tsegai Tewelde 2:12:23 Derek Hawkins 2:12:57 Robbie Simpson 2:15:38	Neil Renault 2:23:31	Freya Ross 2:37:52 Lesley Pirie 2:41:04	Gemma Rankin 2:46:34
Silverknowles 5k		Mark Mitchell 14:32 Dermot Cummins 14:42 Cameron Milne 14:44	Madeleine Murray 16:07	Morag MacLarty 16:31 Jennifer Wetton 16:34 Stephanie Pennycook 16:34
Stirling 10k				
Glasgow Half Mara				

Total Shares 2016	Male	Female

Prize Money 2016	Male (£2000)	Female (£2000)

WOMEN		Tom Scott 10 miles		London Marathon		Self Transcendence 5km		Stirling 10km		Great Scottish Run Half Marathon		TOTAL
		10th April		24th April		6th May		11th September		2nd October		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 57:00	Sub 58:00	Sub 2:44:00	Sub 2:48:00	Sub 16:20	Sub 16:35	Sub 34:30	Sub 35:00	Sub 76:00	Sub 78:00	
1	Lesley PIRIE	VPCOG	-	-	5	-	-	-	-	-	-	5
2	Freya ROSS	EDINBURGH AC	-	-	5	-	-	-	-	-	-	5
3	Madeleine MURRAY	EDINBURGH AC	-	-	-	-	5	-	-	-	-	5
4	Fionnuala ROSS	SHETTLESTON HARRIERS	5	-	-	-	-	-	-	-	-	5
5	Gemma RANKIN	KILBARCHAN AAC	-	-	-	2	-	-	-	-	-	2
6	Morag MACLARTY	CENTRAL AC	-	-	-	-	-	2	-	-	-	2
7	Jennifer WETTON	CENTRAL AC	-	-	-	-	-	2	-	-	-	2
8	Stephie PENNYCOOK	FIFE AC	-	-	-	-	-	2	-	-	-	2

Total Shares = 28

MEN			Tom Scott 10 miles		London Marathon		Self Transcendence 5km		Stirling 10km		Great Scottish Run Half Marathon		TOTAL
			10th April		24th April		6th May		11th September		2nd October		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B		
		Sub 50:00	Sub 51:00	Sub 2:20:00	Sub 2:24:00	Sub 14:30	Sub 14:45	Sub 30:00	Sub 30:30	Sub 65:00	Sub 67:00		
1	Callum HAWKINS	KILBARCHAN AAC	-	-	5	-	-	-	-	-	-	-	5
2	Robbie SIMPSON	DEESIDE RUNNERS	-	-	5	-	-	-	-	-	-	-	5
3	Tsegai TEWELDE	SHETTLESTON HARRIERS	-	-	5	-	-	-	-	-	-	-	5
4	Derek HAWKINS	KILBARCHAN AAC	-	-	5	-	-	-	-	-	-	-	5
5	Neil RENAULT	EDINBURGH AC	-	2	-	2	-	-	-	-	-	-	4
6	Cameron MILNE	CENTRAL AC	-	-	-	-	-	2	-	-	-	-	2
7	Dermot CUMMINS	COSTORPHINE AAC	-	-	-	-	-	2	-	-	-	-	2
8	Mark MITCHELL	FORRES HARRIERS	-	-	-	-	-	2	-	-	-	-	2
9	Tewolde MENGISTEAB	SHETTLESTON HARRIERS	-	2	-	-	-	-	-	-	-	-	2

Total Shares = 32