

scottishathletics
road race **grand prix**



MEN		Tom Scott 10 miles		Self Transcendence 5km		Stirling 10km		Loch Ness Marathon		Great Scottish Run Half Marathon		TOTAL
		5th April		29th April		13th September		27th September		4th October		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 50:00	Sub 50:40	Sub 14:35	Sub 14:45	Sub 30:00	Sub 30:20	Sub 2:20:13	Sub 2:22:13	Sub 66:00	Sub 67:00	
Craig RUDDY	INVERCLYDE AC	5	-	-	1	-	1	-	-			7
Tewolde MENGISTEAB	SHETTLESTON HARRIERS	5	-	-	1	-	-	-	-			6
Michael CRAWLEY	CORSTORPHINE AAC	5	-	-	-	-	-	-	-			5
Callum HAWKINS	KILBARCHAN AAC	-	-	5	-	-	-	-	-			5