

scottishathletics
road race **grand prix**



MEN		Tom Scott 10 miles		Self Transcendence 5km		Stirling 10km		Loch Ness Marathon		Great Scottish Run Half Marathon		T O T A L
		5th April		29th April		13th September		27th September		4th October		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 50:00	Sub 50:40	Sub 14:35	Sub 14:45	Sub 30:00	Sub 30:20	Sub 2:20:13	Sub 2:22:13	Sub 66:00	Sub 67:00	
Craig RUDDY	INVERCLYDE AC	5	-	-	1							6
Tewolde MENGISTEAB	SHETTLESTON HARRIERS	5	-	-	1							6
Michael CRAWLEY	CORSTORPHINE AAC	5	-	-	-							5
Callum HAWKINS	KILBARCHAN AAC	-	-	5	-							5