

1	Bellahouston Road Runners B	50:21	8	Fife AC C	55:32	15	Dundee Hawkhill Harriers	57:46
	Ann Robin (F40)	15:54 (1)		Louise Provan (F40)	17:37 (10)		Catherine Matthews (F40)	19:04 (16)
	Shona Donnelly (F50)	17:44 (1)		Innes Bracegirdle (F60)	18:40 (8)		Catriona M Reynolds (F50)	19:52 (17)
	Louise Ross (F40)	16:43 (1)		Merce Torres (F40)	19:15 (8)		Fiona Gibson (F40)	18:50 (15)
2	Gala Harriers	50:55	9	Giffnock North AAC C	56:17	16	Portobello Running Club	1:01:49
	Jennifer Forbes (F45)	16:47 (3)		Mary McCutcheon (F50)	16:44 (2)		Yana Thandrayan (F45)	17:36 (9)
	Gillian Duncan (F45)	17:36 (3)		Jatinder Sumal (F40)	21:12 (15)		Shery Johnston (F45)	20:53 (16)
	Kate Jenkins (F40)	16:32 (2)		Sheila Lewis (F50)	18:21 (9)		Kelly Marcus (F45)	23:20 (16)
3	PH Racing Club	51:47	10	Ochil Hill Runners	56:33	17	Central AC D	1:05:22
	Karen Kennedy (F45)	17:00 (7)		Karen Kealey (F45)	18:26 (13)		Alison Curry (F45)	21:18 (20)
	Alison Whyte (F45)	17:16 (2)		Mairi McIntosh (F45)	19:20 (13)		Mary Kerr (F50)	21:47 (18)
	Mary Western (F55)	17:31 (3)		Helen Winton (F50)	18:47 (10)		Lee Houghton (F45)	22:17 (17)
4	Corstorphine AAC B	52:35	11	Gala Harriers B	56:44	18	Greenock Glenpark Harriers C	1:07:27
	Gillian Carr (F40)	16:59 (6)		Rachel Fagan (F40)	18:02 (12)		Fiona Cushnaghan (F50)	41:00 (24)
	Fiona Carver (F55)	18:15 (4)		Dawn Grant (F45)	18:27 (9)		Kirstin Arthur (F40)	04:24 (19)
	Nicola Ross (F45)	17:21 (4)		Eileen Maxwell (F50)	20:15 (11)		Eileen Stevenson (F45)	22:03 (18)
5	Edinburgh AC E	53:12	12	Garscube Harriers D	56:51	19	Bellahouston Harriers D	1:09:02
	Sheenagh MacLulich (F40)	17:05 (8)		Hilary Dupre (F45)	19:01 (15)		Karen Speirs (F40)	21:48 (21)
	Melissa Conchar (F40)	19:08 (7)		Catriona Padmanabhan (F40)	18:32 (11)		Stella McCulloch (F45)	24:15 (21)
	Jennifer MacLean (F40)	16:59 (5)		Nighean Stevenson (F45)	19:18 (12)		Deirdre Hoyle (F65)	22:59 (19)
6	Greenock Glenpark Harriers	53:47	13	Motherwell AC	57:14			
	Sue Hewitson (F40)	16:51 (4)		Joanne Clark (F40)	17:55 (11)			
	Lorna Coyle (F55)	19:10 (5)		Joyce Allardice (F50)	19:18 (10)			
	Marian Monk (F45)	17:46 (6)		Phyllis Hands (F60)	20:01 (13)			
7	Harmeny AC	54:29	14	Garscube Harriers C	57:23			
	Kirsty McBirnie (F40)	16:57 (5)		Kathryn Scott (F55)	19:14 (17)			
	Nicola Freedman (F45)	19:04 (6)		Ann White (F65)	18:35 (14)			
	Seona Burnett (F45)	18:28 (7)		Morag Casey (F40)	19:34 (14)			

INCOMPLETE TEAMS

Inverness Harriers AAC B	37:41	PH Racing Club B	20:57	Bellahouston Harriers E	24:33
Alison Wilson (F45)	18:36 (14)	Lesley Mealing (F40)	20:57 (18)	Jacqueline Glass (F60)	24:33 (23)
Doreen Campbell (F45)	19:05 (12)				
Greenock Glenpark Harriers D	45:41	Springburn Harriers B	21:02		
Angeline Austin (F40)	22:23 (22)	Collette Coyle (F40)	21:02 (19)		
Nathalie Smith (F40)	23:18 (20)				