

1 Shettleston Harriers E	44:59	8 Central AC D	48:44	15 Metro Aberdeen Running Club F	51:08
William Breckenridge (M50)	14:51 (2)	David Eckersley (M50)	15:03 (5)	Andy Redman (M55)	16:40 (14)
William Coyle (M55)	15:20 (2)	Charles Graham-Marr (M55)	16:08 (7)	Peter Jennings (M60)	18:02 (16)
Brian Scally (M50)	14:48 (1)	Stuart Watson (M55)	17:33 (8)	Keith Farquhar (M55)	16:26 (15)
2 Metro Aberdeen Running Club E	45:08	9 Gala Harriers C	48:55	16 Carnegie Harriers B	55:13
John Matheson (M50)	14:48 (1)	Yan Horsburgh (M50)	15:34 (9)	Neil McLure (M50)	16:01 (11)
George McPherson (M60)	15:52 (4)	William McCulloch (M55)	16:41 (9)	Steve Adam (M50)	17:34 (14)
Nick Milosorov (M50)	14:28 (2)	Ian Maxwell (M55)	16:40 (9)	Stephen Greer (M55)	21:38 (16)
3 Portobello Running Club D	45:37	10 Springburn Harriers C	49:57	17 Portobello Running Club E	55:16
William Jarvie (M55)	15:12 (6)	Colin Mclean (M50)	15:13 (7)	Stephen Maley (M50)	16:44 (15)
Peter Buchanan (M55)	15:30 (6)	Willie Munro (M55)	17:44 (12)	Alan Simpson (M65)	20:21 (17)
Jake Harper (M55)	14:55 (3)	Donnie Inglis (M50)	17:00 (10)	Andrew Stavert (M55)	18:11 (17)
4 Cambuslang Harriers H	45:50	11 Corstorphine AAC I	50:12	18 Perth Road Runners C	57:54
Des Dickson (M55)	15:40 (3)	Ian McPherson (M50)	15:23 (8)	Simon Grieshaber (M50)	17:19 (17)
Chris Upson (M50)	14:40 (3)	Jan-Bert Van Den Berg (M55)	16:54 (10)	Alan Bothwell (M55)	22:50 (21)
Daniel O'Connell (M50)	15:30 (4)	David Law (M55)	17:55 (11)	Paul Stewart (M50)	17:45 (18)
5 Edinburgh AC D	46:16	12 Fife AC B	50:31	19 Clydesdale Harriers B	58:39
John Blair (M50)	14:53 (3)	Alan Gibson (M55)	16:10 (12)	Tom Collins (M60)	18:30 (20)
Chris Creegan (M55)	15:48 (5)	Colin Brown (M50)	16:41 (11)	Robert Young (M70)	19:03 (18)
David Cross (M50)	15:35 (5)	David Cowan (M55)	17:40 (12)	Peter Rudzinski (M65)	21:06 (19)
6 Falkirk Victoria Harriers D	46:24	13 Calderglen Harriers C	50:58	20 Central AC E	1:00:57
Andrew Ronald (M50)	14:54 (4)	Andrew Henderson (M60)	18:01 (19)	Cameron Campbell (M55)	20:00 (22)
Michael McQuaid (M50)	15:08 (1)	Alan Derrick (M50)	15:05 (13)	Allan Gall (M60)	19:13 (19)
Wallace Grieve (M50)	16:22 (6)	Edward Reid (M50)	17:52 (13)	John Millar (M65)	21:44 (20)
7 VP-Glasgow AC B	48:13	14 PH Racing Club B	51:01	21 Teviotdale Harriers C	1:01:16
Jonathan Miller (M50)	16:53 (16)	Ian Robert Johnston (M60)	17:20 (18)	Paul Lockie (M50)	19:30 (21)
Crawford Little (M50)	15:01 (8)	John Crookston (M60)	17:11 (15)	Alan Coltman (M50)	20:08 (20)
Peter Jardine (M50)	16:19 (7)	Alan Cockburn (M50)	16:30 (14)	Bill Knox (M65)	21:38 (21)

INCOMPLETE TEAMS

Corstorphine AAC J	16:26
David Arnott (M45)	16:26 (13)