**GLASGOW POLE VAULT GRAND PRIX 2017**

(Under UK Athletics Rules: **scottish**athletics Permit Event)

TOLLCROSS VERTICAL JUMPS CENTRE @ TOLLCROSS INTERNATIONAL SWIMMING POOL, GLASGOW

Meet 1. DECEMBER 17th 2016 (includes Debutant and Espoirs competitions);

Meet 2. JANUARY 04th 2017(competition in Emirates Arena);

Meet 3. JANUARY 21st 2017(includes Debutant and Espoirs competitions);

Meet 4. FEBRUARY 18TH 2017

Meet 5 MARCH 11TH 2017(includes Debutant and Espoirs competitions).

Entry: £8.50 per Meet.

PROPOSED PRIZE FUND- GRAND PRIX

1ST PLACE - £100:

2ND PLACE- £60.00:

3RD PLACE - £20.00:

4TH PLACE - £20.00.

Coaches Award – £50.00

Competition Information.

1. There will be set start heights and progressions for each Meet.

* Meets 1 and 3

Grand Prix Competition start heights: Pool A - 2.82m: Pool B 3.82m

Progression: 2.82; 3.02; 3.22; 3.42; 3.57; 3.72; 3.87; (3.82); 4.02; 4.17; 4.32; 4.42; 4.52; 4.62; 4.67 and 5cm thereafter.

Debutant and Espoirs Competition start height. – 2.23m

Progression: 2.23; 2.38; 2.53; 2.63; 2.73 and at 10cm thereafter.

* Meets 2 and 4

Grand Prix Competition start heights: Pool A - 3.08m: Pool B – 3.93m

Progression: 3.08; 3.28; 3.48; 3.63; 3.78; 3.93; 4.08; 4.23; 4.38; 4.48; 4.58; 4.68; 4.73 and 5cm thereafter.

* Meet 5

Grand Prix Competition start height: Pool A - 3.02m: Pool B – 4.05m

Progression: 3.05; 3.25; 3.45; 3.60; 3.75; 3.90; 4.05; 4.20; 4.35; 4.45; 4.55; 4.65; 4.70 and 5cm thereafter.

1. Competitions will be held under UKA Rules and is a scottishathletics permitted event
2. Competition bibs will be allocated to athletes for the Grand Prix Series. Where an athlete looses a bib there will be a replacement bib allocated at a cost of £2.00 each time.
3. There will be two results produced.

Results One – As per normal rules of scoring competitions and forwarded to SATS, Po10 etc.

Results Two - For the Grand Prix Competition, athletes will be allocated with a Grand Prix Handicap which will be used to re-score each meet after the official scoring has taken place. See Grand Prix details below.

1. Entries will be on a first come first served basis and PB’s will be confirmed through Power of 10.
2. Entries to Grand Prix Meets will be limited to a maximum of 16 athletes and there will be two pools announced two days before each Meet. Pool A (lower start height) will begin competition at 10:30am. Pool B (higher start height) will begin competition no later than 12:30pm
3. Warm-ups will begin at 09:30 for Pool A and not before 10:45am for Pool B.
4. Entries to Debutant and Espoirs Competitons will be limited to 10 athletes, with one Pool
5. Athletes should supply their own poles. There will be limited poles available at the venues which can be hired from Glasgoew Pole Vault School for a flat fee of £10.00 per meet. Should an athletes break a hired pole, they will need to replace the pole asper normal pole vault convention with a pole from the same manufacture and of length, weight and flex as the broken pole.
6. There will be a designated coaches area at each Meet. With a seperate spectator zone.

Grand Prix Details

1. Athletes will be allocated a handicap before each meet. The handicap will be related to the Scottish National Record height of 5.65m.
2. The allocated handicap will be added to the athletes competition height.
3. The combined heights for each athlete (competition height + handicap) will be used to re-score the Event.
4. Points will be allocated to each athlete based on the result of the re-scored event.

Position 1 after re-score. One GP Point.

Position 2 after re-score. Two GP Points

Position 3 after re-score. Three GP Points

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Position 16 after re-score. Sixteen GP Points

1. After each GP Meet, handicaps will be reviewed by the handicapping committee and if it is deemed necessary, handicaps will be re-allocated.
2. In deciding the overall Grand Prix Champion; the four lowest GP Points from the Grand Prix Series will be totalled to give each athlete an overall points total. The athlete with the lowest points total will be Champion.
3. The Glasgow Pole Vault Grand Prix Coaches Award will be decided by a separate Group from the Glasgow Pole vault School.

GLASGOW POLE VAULT GRAND PRIX 2017

TOLLCROSS VERTICAL JUMPS CENTRE

@ TOLLCROSS INTERNATIONAL SWIMMING POOL, GLASGOW

Entry Form.

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ATHLETICS CLUB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AGE GROUP FOR SEASON 2017: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COACHES NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

POLE VAULT PB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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E-MAIL CONTACT: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TEL. CONTACT: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I WISH TO ENTER THE FOLLOWING MEETS AS PART OF THE GLASGOW POLE VAULT GRAND PRIX 2017. (PLACE A X BESIDE THE APPROPRIATE COMPETITION)

Meet 1. DECEMBER 17th 2016 Grand Prix \_\_\_\_ Debutant/Espoirs \_\_\_\_

Meet 2. JANUARY 04th 2017 Grand Prix \_\_\_\_

Meet 3. JANUARY 21st 2017 Grand Prix \_\_\_\_ Debutant/Espoirs \_\_\_\_

Meet 4. FEBRUARY 18TH 2017 Grand Prix \_\_\_\_

Meet 5 MARCH 11TH 2017 Grand Prix \_\_\_\_ Debutant/Espoirs \_\_\_\_

Cost.

NUMBER OF MEETS \_\_\_\_ X £8.50 PER MEET = TOTAL COST £\_\_\_\_\_\_\_\_\_\_

Forward completed form with appropriate entry fee to;

Brian Donaldson

Flat 2/3,

41 Parklands View,

Crookston,

Glasgow.

G53 7SN.

OR MAKE PAYMENT TO GLASGOW POLE VAULT SCHOOL,

PLEASE INDICATE WHO PAYMENT IS FOR.

Please ensure you forward entry forms to polevaultcoach@btinternet.com

Bank Name: The bank of Scotland

Branch Name: THE DIRECT BUSINESS

Bank Sort Code: 80-22-60

Account number: 11431561

BIC: BOFSGBS1SDP

IBAN: GB03 BOFS 8022 6011 4315 61