

North District Track & Field Championships 2016

U13 Girls

U13 Girls 1500m (Final)

1	Ava Walsh	Inverness Harriers AAC	5:53.99	PB
2	Isla Edwards	Elgin AAC	6:02.25	

U13 Girls 200m (Final)

1	Tamsin Fowle	Moray Road Runners	29.04	PB
2	Lucy Fraser	Caithness AAC	29.51	PB
3	Melissa Mack	Inverness Harriers AAC	29.86	PB
4	Krysta Bray	Stornoway Running & AC	30.86	PB
5	Megan McKay	Moray Road Runners	31.66	PB
6	Loren MacDonald	Inverness Harriers AAC	32.01	PB
7	Alanna MacKenzie	Inverness Harriers AAC	32.02	
8	Kirsty Thomson	Shetland AAC	32.42	PB

U13 Girls 200m (Heat 1)

ws +1.6

1	Tamsin Fowle	Moray Road Runners	29.21	PB
2	Melissa Mack	Inverness Harriers AAC	30.07	PB
3	Kirsty Thomson	Shetland AAC	32.00	PB
4	Loren MacDonald	Inverness Harriers AAC	32.24	PB
5	Isla Donaldson	Orkney Athletic Club	32.75	
6	Marion Anderson	North Uist AAC	33.82	

U13 Girls 200m (Heat 2)

ws +1.0

1	Lucy Fraser	Caithness AAC	29.45	PB
2	Krysta Bray	Stornoway Running & AC	30.93	PB
3	Megan McKay	Moray Road Runners	30.99	PB
4	Alanna MacKenzie	Inverness Harriers AAC	31.24	
5	Chloe Wood	Orkney Athletic Club	33.40	PB
6	Emily Gilmour	Orkney Athletic Club	35.77	

North District Track & Field Championships 2016

U15 Girls

U15 Girls 1500m (Final)

1	Emily Andrew	Inverness Harriers AAC	5:11.54	
2	Catriona Garvie	Inverness Harriers AAC	5:21.86	PB
3	Niamh Whelan	Moray Road Runners	5:23.70	PB
4	Eve Gardiner	Inverness Harriers AAC	5:44.35	PB
5	Emma Seed	Inverness Harriers AAC	5:54.28	PB
6	Mairi Darroch	Inverness Harriers AAC	5:55.59	PB
7	Rachel Gillies	Inverness Harriers AAC	5:59.37	

U15 Girls 200m (Final)

ws +1.8

1	Ellen Hay	Orkney Athletic Club	27.25	PB
2	Mia Keogh	Inverness Harriers AAC	27.58	PB
3	Sian MacDonald	Stornoway Running & AC	27.64	PB
4	Laura Newbold	Shetland AAC	27.68	PB
5	Beth Grant	Moray Road Runners	28.67	PB
6	Angela Horne	Stornoway Running & AC	28.84	PB
7	Chloe Cheyne	Inverness Harriers AAC	28.87	
8	Tegan Spence	Orkney Athletic Club	29.00	PB

U15 Girls 200m (Heat 1)

ws +1.9

1	Ellen Hay	Orkney Athletic Club	27.53	PB
2	Sian MacDonald	Stornoway Running & AC	27.95	PB
3	Chloe Cheyne	Inverness Harriers AAC	28.83	
4	Angela Horne	Stornoway Running & AC	28.88	PB
5	Tegan Spence	Orkney Athletic Club	29.03	PB

U15 Girls 200m (Heat 2)

ws +2.2

1	Mia Keogh	Inverness Harriers AAC	27.98	PB
2	Yasmin Linton	Orkney Athletic Club	29.54	PB
3	Trinity Johnson	North Uist AAC	29.80	
4	Libby Harrison	Orkney Athletic Club	30.01	PB
5	Mairi Darroch	Inverness Harriers AAC	30.27	
6	Hallie Gordon	Orkney Athletic Club	31.56	PB

U15 Girls 200m (Heat 3)

ws +2.5

1	Laura Newbold	Shetland AAC	27.97	PB
2	Beth Grant	Moray Road Runners	28.63	PB
3	Eilidh MacPherson	Inverness Harriers AAC	29.11	PB
4	Kirsty Suiter	Nairn AAAC	29.87	
5	Isla Budge	Stornoway Running & AC	30.51	PB
6	Lauren Flett	Orkney Athletic Club	31.25	PB

U15 Girls Hammer (3.00kg)

1	Rachel MacLennan	Inverness Harriers AAC	33.81	
2	Aimee Smith	Shetland AAC	18.00	PB

U15 Girls Triple Jump

1	Rachel Johnstone	Inverness Harriers AAC	8.87	PB
2	Laura Newbold	Shetland AAC	8.58	PB
3	Rachel Gillies	Inverness Harriers AAC	8.31	
4	Mairi Darroch	Inverness Harriers AAC	8.29	
5	Mhairi Nairn	Inverness Harriers AAC	8.14	

North District Track & Field Championships 2016

U17 Women

U17 Women 1500m (Final)

1	Constance Nankivell	East Sutherland AC	4:49.87	PB
2	Grace Whelan	Moray Road Runners	5:02.50	
3	Joanna Gillies	Stornoway Running & AC	5:07.91	PB
4	Ana MacPherson	Inverness Harriers AAC	5:51.45	

U17 Women 200m (Final)

ws +0.8

1	Mia MacIver	Orkney Athletic Club	26.81	PB
2	Heather Bruce	Inverness Harriers AAC	26.83	PB
3	Ellie Stone	Inverness Harriers AAC	26.90	PB
4	Emma Pedrana	Inverness Harriers AAC	27.29	PB
5	Rhiannan MacIntosh	Inverness Harriers AAC	27.29	
6	Eilidh Magill	Inverness Harriers AAC	27.31	PB
7	Amy Davis	Orkney Athletic Club	28.26	
8	Charlotte Hill	Inverness Harriers AAC	28.33	

U17 Women 200m (Heat 1)

ws +1.3

1	Mia MacIver	Orkney Athletic Club	26.46	PB
2	Rhiannan MacIntosh	Inverness Harriers AAC	26.76	PB
3	Heather Bruce	Inverness Harriers AAC	26.85	PB
4	Emma Pedrana	Inverness Harriers AAC	26.98	PB
5	Eilidh Magill	Inverness Harriers AAC	27.33	PB
6	Beth MacIver	Inverness Harriers AAC	28.18	
7	Sophie Grant	Shetland AAC	28.26	PB

U17 Women 200m (Heat 2)

ws +0.6

1	Ellie Stone	Inverness Harriers AAC	27.76	PB
2	Charlotte Hill	Inverness Harriers AAC	27.90	PB
3	Amy Davis	Orkney Athletic Club	27.97	
4	Ami Maddison	Shetland AAC	28.61	
5	Rachelle Matheson	Aberdeen AAC	28.73	
6	Katie Paterson	Inverness Harriers AAC	29.29	

U17 Women Hammer (3.00kg)

1	Kelsey Barbour	Inverness Harriers AAC	38.99	PB
2	Leigh Nicolson	Shetland AAC	35.61	
3	Lucy McIntosh	Caithness AAC	26.85	
4	Lorna Wagstaff	Shetland AAC	23.81	

U17 Women Triple Jump

1	Hannah Robertson	Shetland AAC	8.90	
---	------------------	--------------	------	--

North District Track & Field Championships 2016

U20 Women

U20 Women 200m (Final)

ws +1.2

1	Siohian Kingham	Elgin AAC	25.87	PB
2	Rebecca Matheson	Aberdeen AAC	26.01	
3	Eilidh MacLeod	Stornoway Running & AC	26.50	PB
4	Sophie Moar	Shetland AAC	27.42	
5	Tamar Moncrieff	Shetland AAC	27.85	
6	Mary Wescott	Nairn AAAC	29.47	

U20 Women 3000m (Final)

1	Rhiannon Kirk	North Highland Harriers	11:43.95	
---	---------------	-------------------------	----------	--

U20 Women Hammer (4.00kg)

1	Katie Stark	Inverness Harriers AAC	25.36	
---	-------------	------------------------	-------	--

U20 Women Triple Jump

1	Siohian Kingham	Elgin AAC	11.03	CBP
2	Sophie Moar	Shetland AAC	10.55	
3	Abbie MacKay	Stornoway Running & AC	10.22	

North District Track & Field Championships 2016

Senior Women

Senior Women 1500m (Final)

1	Julie Wilson	Inverness Harriers AAC	5:30.65
---	--------------	------------------------	---------

Senior Women Hammer (4.00kg)

1	Elaine Park	Shetland AAC	44.71	PB	CBP
2	Emma Bowie	Elgin AAC	33.74		

North District Track & Field Championships 2016

U13 Boys

U13 Boys 1500m (Final)

1	Lucas Cairns	Inverness Harriers AAC	5:00.76	
2	Ben Sharpe	Inverness Harriers AAC	5:03.78	
3	Angus Rutter	Inverness Harriers AAC	5:06.41	PB
4	Euan Rollo	Inverness Harriers AAC	5:08.48	PB
5	David Spencer	Forres Harriers	5:25.14	
6	Malcolm MacKenzie	Orkney Athletic Club	5:39.53	

U13 Boys 200m (Final)

1	Duncan MacDonald	Inverness Harriers AAC	27.93	PB
2	Alexander Scott	Orkney Athletic Club	28.83	PB
3	Lucas Allan	Inverness Harriers AAC	29.07	PB
4	Liam Daly	Inverness Harriers AAC	29.58	PB
5	Alistair MacKay	Ross County AC	30.51	
6	Ewan Stevenson	Orkney Athletic Club	31.54	
7	Kevin Beaton	North Uist AAC	31.73	
8	Alasdair Fraser	North Uist AAC	33.28	

U13 Boys 200m (Heat 1)

ws +2.5

1	Alexander Scott	Orkney Athletic Club	28.86	PB
2	Liam Daly	Inverness Harriers AAC	29.11	PB
3	Alistair MacKay	Ross County AC	30.29	
4	Kevin Beaton	North Uist AAC	31.05	PB
5	Alasdair Fraser	North Uist AAC	31.66	
6	Shuan MacDonald	North Uist AAC	31.78	
7	Reece Black	Shetland AAC	31.87	

U13 Boys 200m (Heat 2)

ws +2.8

1	Duncan MacDonald	Inverness Harriers AAC	27.91	PB
2	Lucas Allan	Inverness Harriers AAC	28.78	PB
3	Ewan Stevenson	Orkney Athletic Club	31.15	
4	Stephen MacIsaac	North Uist AAC	33.02	
5	Ben Wagstaff	Shetland AAC	33.45	

North District Track & Field Championships 2016

U15 Boys

U15 Boys 1500m (Final)

1	Jamie Clouston	Orkney Athletic Club	4:48.91	PB
2	Ben Cameron	Forres Harriers	4:54.24	
3	Blair Milne	Moray Road Runners	4:56.03	PB
4	Dylan Black	Shetland AAC	4:58.86	PB
5	Finlay Rutter	Inverness Harriers AAC	4:58.87	PB
6	Aodhan Finnegan	Stornoway Running & AC	5:03.64	PB
7	Alasdair Raynor	Inverness Harriers AAC	5:34.74	
8	Dylan MacPherson	Inverness Harriers AAC	5:51.05	
9	Joe Cromby	Orkney Athletic Club	6:05.50	

U15 Boys 200m (Final)

ws +2.8

1	Arran Buchanan	Inverness Harriers AAC	24.35	PB
2	Alexander MacKay	Ross County AC	24.89	PB
3	Ruairidh Munro	Inverness Harriers AAC	25.76	PB
4	Shaun Ritchie	Shetland AAC	26.33	PB
5	Gregor Dowell	Orkney Athletic Club	26.45	PB
6	Ross Sinclair	Orkney Athletic Club	27.08	PB
7	Luke Davidson	Inverness Harriers AAC	27.27	PB

U15 Boys 200m (Heat 1)

ws +1.5

1	Lewis Barclay	Shetland AAC	24.77	PB
2	Alexander MacKay	Ross County AC	25.47	PB
3	Shaun Ritchie	Shetland AAC	26.57	PB
4	Ross Sinclair	Orkney Athletic Club	27.16	PB
5	Luke Davidson	Inverness Harriers AAC	27.49	PB
6	Jamie Leitch	Orkney Athletic Club	31.64	PB
7	Dylan MacPherson	Inverness Harriers AAC	31.87	
8	Angus MacDonald	North Uist AAC	32.21	

U15 Boys 200m (Heat 2)

ws +1.3

1	Arran Buchanan	Inverness Harriers AAC	25.37	PB
2	Ruairidh Munro	Inverness Harriers AAC	25.98	PB
3	Gregor Dowell	Orkney Athletic Club	26.78	PB
4	Ryan Matheson	Aberdeen AAC	28.06	
5	Kyle Ross	Ross County AC	29.18	PB
6	Ben Ferry	Inverness Harriers AAC	29.89	
7	Ruairidh Mair	Nairn AAC	31.08	PB

U15 Boys Hammer (4.00kg)

1	Matt MacFarlane	Inverness Harriers AAC	45.17	PB	CBP
---	-----------------	------------------------	-------	-----------	------------

U15 Boys Pole Vault

1	Reuben McFarlane	Unattached	2.57	PB
---	------------------	------------	------	-----------

U15 Boys Triple Jump

1	Shay Regan	Shetland AAC	9.79	PB
2	Blair Milne	Moray Road Runners	8.66	
3	Kyle Sutherland	Ross County AC	8.00	

North District Track & Field Championships 2016

U17 Men

U17 Men 1500m (Final)

1	Seumas MacKay	Shetland AAC	4:31.33	
2	Aidan Ferry	Inverness Harriers AAC	4:32.69	
3	Craig Wilson	Inverness Harriers AAC	4:49.23	
4	Stuart Gardiner	Inverness Harriers AAC	4:56.09	PB

U17 Men 200m (Final)

ws +0.6

1	Andrew Horne	Stornoway Running & AC	23.40	PB
2	Andrew Stoker	Moray Road Runners	23.77	PB
3	Kieran Barnsby	Inverness Harriers AAC	23.87	PB
4	Callum Tynan	Inverness Harriers AAC	23.97	PB
5	Kyle Leask	Shetland AAC	24.92	PB
6	Finn Rivett	Shetland AAC	25.84	PB
7	Joseph Campbell-Pedrana	Inverness Harriers AAC	26.00	PB

U17 Men 200m (Heat 1)

ws +1.6

1	Andrew Horne	Stornoway Running & AC	23.46	
2	Andrew Stoker	Moray Road Runners	23.81	PB
3	Callum Tynan	Inverness Harriers AAC	23.94	PB
4	Kyle Leask	Shetland AAC	24.79	PB
5	Finn Rivett	Shetland AAC	25.81	PB

U17 Men 200m (Heat 2)

ws +3.1

1	Kieran Barnsby	Inverness Harriers AAC	24.14	PB
2	Joseph Campbell-Pedrana	Inverness Harriers AAC	25.84	PB
3	MacKenzie Brown	Inverness Harriers AAC	27.78	

U17 Men 3000m (Final)

1	Kyle Munro	Stornoway Running & AC	9:46.43	PB
2	Fraser Roach	East Sutherland AC	10:01.32	PB

U17 Men Hammer (5.00kg)

1	Jack Wiseman	Elgin AAC	29.67	
2	Haran Rabe	Stornoway Running & AC	25.80	
3	Alex Geddes	Inverness Harriers AAC	24.98	
4	Dan Swanson	Shetland AAC	23.76	PB
5	Cameron MacInnes	North Uist AAC	19.52	

U17 Men Pole Vault

1	Andrew McFarlane	Unattached	3.87	CBP
---	------------------	------------	------	------------

U17 Men Triple Jump

1	Stephen MacKenzie	Inverness Harriers AAC	12.32	PB
2	Sam Anderson	Moray Road Runners	10.59	PB
3	Uilleam Brass	North Uist AAC	10.56	PB
4	Donald MacMillan	North Uist AAC	10.41	
5	Tom Jenkins	Moray Road Runners	10.28	
6	Robert Thompson	Caithness AAC	9.76	PB

North District Track & Field Championships 2016

U20 Men

U20 Men 1500m (Final)

1	Connor MacLean	Stornoway Running & AC	4:12.87
2	Liam Barnsby	East Sutherland AC	4:15.87
3	James Geddes	Inverness Harriers AAC	4:20.05
4	Paul Morrison	North Uist AAC	4:24.56
5	Shane Odie	Shetland AAC	4:29.77

U20 Men 200m (Final)

1	Ross Freck	Inverness Harriers AAC	23.17
2	Aidan Jarmson	Shetland AAC	23.38
3	Findlay Donegan	Elgin AAC	23.80 PB
4	Andrew Davis	Orkney Athletic Club	24.24
5	Ross MacTaggart	Stornoway Running & AC	24.61 PB
6	Jonathan Morrison	Stornoway Running & AC	26.34

U20 Men 200m (Heat 1)

ws +1.4

1	Aidan Jarmson	Shetland AAC	23.36
2	Kieran Fraser	Shetland AAC	23.52 PB
3	Findlay Donegan	Elgin AAC	23.58 PB
4	Jonathan Morrison	Stornoway Running & AC	26.27

U20 Men 200m (Heat 2)

ws +1.0

1	Ross Freck	Inverness Harriers AAC	23.16
2	Andrew Davis	Orkney Athletic Club	23.95
3	Ross MacTaggart	Stornoway Running & AC	24.20 PB
4	Caelen Rivett	Shetland AAC	24.67
5	Joseph Frame	Caithness AAC	27.07 PB

U20 Men Hammer (6.00kg)

1	Jack Mitchell	Moray Road Runners	49.64 PB
2	Ruaridh Gray	Inverness Harriers AAC	44.68 PB
3	Connor McDonald	Shetland AAC	33.26
4	William Watts	Inverness Harriers AAC	28.52

U20 Men Pole Vault

1	Daniel McFarlane	Unattached	3.57	CBP
---	------------------	------------	------	------------

U20 Men Triple Jump

1	Findlay Donegan	Elgin AAC	12.22
2	Ewen Bradley	Inverness Harriers AAC	10.99
3	Joseph Frame	Caithness AAC	9.57

North District Track & Field Championships 2016

Senior Men

Senior Men 1500m (Final)

1	Eoghan MacNamara	Inverness Harriers AAC	4:14.77	PB
2	Tony Golabek	Inverness Harriers AAC	4:33.57	

Senior Men 200m (Final)

ws +1.8

1	Alastair Beaton	Inverness Harriers AAC	23.62	
2	Paul Davidson (T20)	Inverness Harriers AAC	24.10	PB
3	Finlay MacLennan (T20)	Inverness Harriers AAC	25.61	PB
4	Martin Leyland	Shetland AAC	26.37	

Senior Men Hammer (7.26kg)

1	Nicky Stone	Nairn AAAC	41.99	PB
2	David Ogilvie	Ross County AC	27.34	
3	Edward McKenzie	Aberdeen AAC	27.28	

Senior Men Pole Vault

1	Edward McKenzie	Aberdeen AAC	2.47	
---	-----------------	--------------	------	--

Senior Men Triple Jump

1	Martin Leyland	Shetland AAC	10.77	
---	----------------	--------------	-------	--