

**scottishathletics**  
road race **grand prix**



**WOMEN**

		Tom Scott 10 miles		Self Transcendence 5km		Stirling 10km		Loch Ness Marathon		Great Scottish Run Half Marathon		TOTAL
		5th April		29th April		13th September		27th September		4th October		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 56:20	Sub 57:00	Sub 16:14	Sub 16:24	Sub 34:07	Sub 34:27	Sub 2:50:00	Sub 2:52:00	Sub 76:00	Sub 77:00	
Megan CRAWFORD	FIFE AC	-	1	-	-	-	-	5	-	-	-	6
Beth POTTER	VPCOG	-	-	-	-	-	-	-	-	5	-	5
Fionnuala ROSS	SHETTLESTON HARRIERS	-	-	-	-	-	-	-	-	-	1	1





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2015	Male		Female	
	A Standard	B Standard	A Standard	B Standard
	5 shares	1 share	5 shares	1 share
Tom Scott 10 Miler	50:00	50:40	56:20	57:00
Silverknowles 5k	14:35	14:45	16:14	16:24
Stirling 10k	30:00	30:20	34:07	34:27
Inverness Marathon	2:20:13	2:22:13	2:50:00	2:52:00
Glasgow Half Mara	66:00	67:00	76:00	77:00

2015	Male (5 shares)	Male (1 shares)	Female (5 share)	Female (1 share)
Tom Scott 10 Miler	C.Ruddy 49:22 T.Mengisteab 49:26 M.Crawley 49:37	-	-	M.Crawford 56:48
Silverknowles 5k	C.Hawkins 14:17	C.Ruddy 14:41 T.Mengisteab 14:44	-	-
Stirling 10k	-	C.Ruddy 30:15	-	-
Inverness Marathon	-	-	M.Crawford 2:44.49	-
Glasgow Half Mara	C.Hawkins 62:42 T.Tewelde 63:34 T.Mengisteab 65:39	D.Hawkins 66:24 K.Sieracki 66:44 N.Renault 66:49	B.Potter 73:39	F.Ross 76:35

Total Shares 2015	Male	Female
	T.Mengisteab 11 C.Hawkins 10 C.Ruddy 7 M.Crawley 5 T.Tewelde 5 D.Hawkins 1 K.Sieracki 1 N.Renault 1	M.Crawford 6 B.Potter 5 F.Ross 1

Prize Money 2015	Male (£2000)	Female (£2000)
	T.Mengisteab £536 C.Hawkins £487 C.Ruddy £341 M.Crawley £243 T.Tewelde £243 D.Hawkins £48 K.Sieracki £48 N.Renault £48	M.Crawford £1000 B.Potter £833 F.Ross £166