

## **West Districs Cross Country Championships (Amended)**

### **Saturday 6th December 2008 Irvine**

#### Under 13 Girls

Pos	No	Name	Club	Cat	Time
1	13	Catriona Graves	Garscube Harriers	U13	00:11:00
2	16	Selena Jackson	Giffnock North AAC	U13	00:11:02
3	44	Kirsty Harper	Kilbarchan AAC	U13	00:11:03
4	32	Meighan McDade	Greenock Glenpark Harriers	U13	00:11:05
5	43	Clemmie Mitchell	Kelvin Runners	U13	00:11:06
6	15	Chloe Cowan	Giffnock North AAC	U13	00:11:09
7	29	Shannon Kangley	Greenock Glenpark Harriers	U13	00:11:10
8	2	Emma Vallely	Ayr Seaforth AAC	U13	00:11:10
9	46	Gwen Gillham	Kilbarchan AAC	U13	00:11:11
10	74	Myrtle Breckenridge	Shettleston Harriers	U13	00:11:11
11	7	Caitlin Hackett	East Kilbride A.C.	U13	00:11:19
12	64	Alice McGrath	Law & District AAC	U13	00:11:20
13	14	Holly Miller	Giffnock North AAC	U13	00:11:20
14	88	Georgia Callander	VP-Glasgow AC	U13	00:11:33
15	75	Kerri Haran	Shettleston Harriers	U13	00:11:39
16	63	Sherelle Graham	Law & District AAC	U13	00:11:46
17	19	Ailya Zurubi	Giffnock North AAC	U13	00:11:52
18	51	Sapphire Lesage	Kilbarchan AAC	U13	00:11:54
19	17	Orla Wheeler	Giffnock North AAC	U13	00:12:03
20	11	Sophie Smith	East Kilbride A.C.	U13	00:12:04
21	41	Suzanne McManus	Irvine AC	U13	00:12:05
22	25	Rebecca Hughes	Glasgow School of Sport	U13	00:12:06
23	80	Jacqueline Pringle	Annan & District AC	U13	00:12:07
24	62	Katie Ord	Larkhall YMCA Harriers	U13	00:12:09
25	76	Hannah Heggarty	Shettleston Harriers	U13	00:12:17
26	38	Chloe Simpson	Inverclyde AC	U13	00:12:19
27	92	Anna Cunningham	VP-Glasgow AC	U13	00:12:19
28	36	Evie Semple	Inverclyde AC	U13	00:12:19
29	35	Amy Meechan	Inverclyde AC	U13	00:12:19
30	23	Megan Adams	Giffnock North AAC	U13	00:12:21
31	30	Gabrielle Fisher	Greenock Glenpark Harriers	U13	00:12:25
32	18	Monica Lowrie	Giffnock North AAC	U13	00:12:25
33	77	Nicola Mackay	Shettleston Harriers	U13	00:12:29
34	84	Iona Wilson	VP-Glasgow AC	U13	00:12:32
35	68	Melissa McCrindle	Nithsdale AC	U13	00:12:38
36	9	Olivia Steven	East Kilbride A.C.	U13	00:12:41
37	21	Isabelle Murray	Giffnock North AAC	U13	00:12:55
38	12	Jessica Smith	East Kilbride A.C.	U13	00:12:56
39	33	Megan Robertson	Helensburgh AAC	U13	00:12:58
40	27	Rebecca McDiarmid	Greenock Glenpark Harriers	U13	00:13:05
41	56	Lorne Kerr	Kilmarnock H&AC	U13	00:13:07
42	78	Lisa Walker	Shettleston Harriers	U13	00:13:17
43	26	Ellidh Clark	Glasgow School of Sport	U13	00:13:23
44	65	Margaret Newell	Law & District AAC	U13	00:15:40

#### Under13 Boys

Pos	No	Name	Club	Cat	Time
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# **West Districs Cross Country Championships (Amended)**

## **Saturday 6th December 2008 Irvine**

### Under 13 Girls

Pos	Club	Name	Time	Total
<b>1</b>	Giffnock North AAC	Selena Jackson	00:11:02	2
		Chloe Cowan	00:11:09	6
		Holly Miller	00:11:20	13
	Giffnock North AAC Total			21
<b>2</b>	Kilbarchan AAC	Kirsty Harper	00:11:03	3
		Gwen Gillham	00:11:11	9
		Sapphire Lesage	00:11:54	18
	Kilbarchan AAC Total			30
<b>3</b>	Greenock Glenpark Harriers	Meighan McDade	00:11:05	4
		Shannon Kangley	00:11:10	7
		Gabrielle Fisher	00:12:25	31
	Greenock Glenpark Harriers Total			42
<b>4</b>	Shettleston Harriers	Myrtle Breckenridge	00:11:11	10
		Kerri Haran	00:11:39	15
		Hannah Heggarty	00:12:17	25
	Shettleston Harriers Total			50
<b>5</b>	East Kilbride A.C.	Caitlin Hackett	00:11:19	11
		Sophie Smith	00:12:04	20
		Olivia Steven	00:12:41	36
	East Kilbride A.C. Total			67
<b>6</b>	Law & District AAC	Alice McGrath	00:11:20	12
		Sherelle Graham	00:11:46	16
		Margaret Newell	00:15:40	44
	Law & District AAC Total			72
<b>7</b>	VP-Glasgow AC	Georgia Callander	00:11:33	14
		Anna Cunningham	00:12:19	27
		Iona Wilson	00:12:32	34
	VP-Glasgow AC Total			75
<b>8</b>	Inverclyde AC	Chloe Simpson	00:12:19	26
		Evie Semple	00:12:19	28
		Amy Meechan	00:12:19	29
	Inverclyde AC Total			83

### Under13 Boys

Pos	Club	Name	Time	Total
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## **West Districs Cross Country Championships (Amended)**

### **Saturday 6th December 2008 Irvine**

1	100	Stuart Mcluckie	Airdrie Harriers	U13	00:11:21
2	198	Lewis Boyle	VP-Glasgow AC	U13	00:11:23
3	169	Gavin Alexander	Kirkintilloch Olympians	U13	00:11:29
4	152	Euan Gillham	Kilbarchan AAC	U13	00:11:33
5	148	Jack Rice	Inverclyde AC	U13	00:11:34
6	143	Jonathan Glen	Inverclyde AC	U13	00:11:35
7	124	Dougie Britton	Giffnock North AAC	U13	00:11:39
8	190	Callum Drummond	Shettleston Harriers	U13	00:11:47
9	142	Ross Kennedy	Helensburgh AAC	U13	00:12:02
10	144	Ross Gray	Inverclyde AC	U13	00:12:03
11	125	Rob Gourley	Giffnock North AAC	U13	00:12:06
12	200	Liam ShaunTurner	VP-Glasgow AC	U13	00:12:09
13	199	Fraser Barbour	VP-Glasgow AC	U13	00:12:14
14	201	James Finlay	VP-Glasgow AC	U13	00:12:15
15	150	Kian Douglas	Irvine AC	U13	00:12:16
16	159	Rorie Tracey	Kilbarchan AAC	U13	00:12:19
17	157	Callum Matthews	Kilbarchan AAC	U13	00:12:20
18	193	Marcus Gault	Shettleston Harriers	U13	00:12:27
19	187	Ross Stephen	Ron Hill Cambuslang Harriers	U13	00:12:31
20	179	Luke Foss	Law & District AAC	U13	00:12:33
21	126	Gil Banks	Giffnock North AAC	U13	00:12:38
22	206	Craig Whyteside	Whitemoss AAC	U13	00:12:41
23	205	Jack Moreland	VP-Glasgow AC	U13	00:12:45
24	117	Stuart Curran	East Kilbride A.C.	U13	00:12:45
25	103	Darius Graham	Ayr Seaforth AAC	U13	00:12:47
26	127	Dewi Gould	Giffnock North AAC	U13	00:12:48
27	204	Jamie Middleton	VP-Glasgow AC	U13	00:12:54
28	207	Calum Walker	Whitemoss AAC	U13	00:12:56
29	123	Fraser Knox	Garscube Harriers	U13	00:12:59
30	203	Murray Sim	VP-Glasgow AC	U13	00:12:59
31	191	Ryan Flanagan	Shettleston Harriers	U13	00:13:04
32	118	Jack Kirwan	East Kilbride A.C.	U13	00:13:07
33	171	Kieran Pugh	Kirkintilloch Olympians	U13	00:13:07
34	164	Gavin McArdle	Kilbarchan AAC	U13	00:13:09
35	202	Kieron Rafferty	VP-Glasgow AC	U13	00:13:11
36	128	Jamie Cook	Giffnock North AAC	U13	00:13:11
37	192	Jock Breckenridge	Shettleston Harriers	U13	00:13:15
38	132	William Johnston	Giffnock North AAC	U13	00:13:18
39	119	Cameron Scott	East Kilbride A.C.	U13	00:13:19
40	145	Joshua Houston	Inverclyde AC	U13	00:13:20
41	146	Andrew Kelham	Inverclyde AC	U13	00:13:22
42	104	Shaun Rennie	Ayr Seaforth AAC	U13	00:13:32
43	196	Robert Patterson	Shettleston Harriers	U13	00:13:40
44	162	Cameron Swanson	Kilbarchan AAC	U13	00:13:40
45	139	Gerard Smith	Greenock Glenpark Harriers	U13	00:13:43
46	151	Gordon Wilson	Irvine AC	U13	00:13:48
47	130	Sam Woods	Giffnock North AAC	U13	00:13:57
48	140	Ross Forbes	Greenock Glenpark Harriers	U13	00:13:59
49	101	Martin McCormack	Airdrie Harriers	U13	00:14:01
50	116	James Pearson	East Kilbride A.C.	U13	00:14:04
51	113	Paul Mullen	Calderglen Harriers	U13	00:14:07
52	167	Scott Griffin	Kilmarnock H&AC	U13	00:14:10
53	120	Duncan Coull	East Kilbride A.C.	U13	00:14:12
54	181	Brendan Carey	Ron Hill Cambuslang Harriers	U13	00:14:14
55	168	Andrew Jones	Kilmarnock H&AC	U13	00:14:18
56	153	Alan Sharp	Kilbarchan AAC	U13	00:14:26

**West Districs Cross Country Championships (Amended)**

**Saturday 6th December 2008 Irvine**

57	172	Andrew Sykes	Kirkintilloch Olympians	U13	00:14:53
58	105	Ben Steven	Ayr Seaforth AAC	U13	00:14:58
59	170	Fraser Connal	Kirkintilloch Olympians	U13	00:15:04
60	108	Alistair Crawford	Calderglen Harriers	U13	00:15:10
61					
62	182	Fraser Ebbitt	Ron Hill Cambuslang Harriers	U13	00:16:23

# **West Districs Cross Country Championships (Amended)**

## **Saturday 6th December 2008 Irvine**

1	Inverclyde AC			
		Jack Rice	00:11:34	5
		Jonathan Glen	00:11:35	6
		Ross Gray	00:12:03	10
	Inverclyde AC Total		21	
2	VP-Glasgow AC			
		Lewis Boyle	00:11:23	2
		Liam ShaunTurner	00:12:09	12
		Fraser Barbour	00:12:14	13
	VP-Glasgow AC Total		27	
3	Kilbarchan AAC			
		Euan Gillham	00:11:33	4
		Rorie Tracey	00:12:19	16
		Callum Matthews	00:12:20	17
	Kilbarchan AAC Total		37	
4	Giffnock North AAC			
		Dougie Britton	00:11:39	7
		Rob Gourley	00:12:06	11
		Gil Banks	00:12:38	21
	Giffnock North AAC Total		39	
5	Shettleston Harriers			
		Callum Drummond	00:11:47	8
		Marcus Gault	00:12:27	18
		Ryan Flanagan	00:13:04	31
	Shettleston Harriers Total		57	
6	Kirkintilloch Olympians			
		Gavin Alexander	00:11:29	3
		Kieran Pugh	00:13:07	33
		Andrew Sykes	00:14:53	57
	Kirkintilloch Olympians Total		93	
7	East Kilbride A.C.			
		Stuart Curran	00:12:45	24
		Jack Kirwan	00:13:07	32
		Cameron Scott	00:13:19	39
	East Kilbride A.C. Total		95	
8	Calderglen Harriers			
		Paul Mullen	00:14:07	51
		Alistair Crawford	00:15:10	60
	Calderglen Harriers Total		111	
9	Ayr Seaforth AAC			
		Darius Graham	00:12:47	25
		Shaun Rennie	00:13:32	42
		Ben Steven	00:14:58	58
	Ayr Seaforth AAC Total		125	
10	Ron Hill Cambuslang Harriers			
		Ross Stephen	00:12:31	19
		Brendan Carey	00:14:14	54

**West Districs Cross Country Championships (Amended)**

**Saturday 6th December 2008 Irvine**



Fraser Ebbitt	00:16:23	62
Ron Hill Cambuslang Harriers Total		135

## **West Districs Cross Country Championships (Amended)**

**Saturday 6th December 2008 Irvine**

Under 15 Boys

Pos	No	Name	Club	Cat	Time
1	427	Craig Wellcoat	Law & District AAC	U15	00:14:12
2	385	Grant Muir	Giffnock North AAC	U15	00:14:18
3	361	Finlay Rae	Ayr Seaforth AAC	U15	00:14:35
4	387	Jack Walker	Giffnock North AAC	U15	00:14:52
5	388	Sandy Nimmo	Giffnock North AAC	U15	00:14:56
6	386	Max Lott	Giffnock North AAC	U15	00:15:12
7	442	Max Aitchison	VP-Glasgow AC	U15	00:15:19
8	435	Michael Rankin	Ron Hill Cambuslang Harriers	U15	00:15:21
9	405	Rory Kelham	Inverclyde AC	U15	00:15:23
10	391	Jonathan Tweedie	Giffnock North AAC	U15	00:15:25
11	390	Neil Gourley	Giffnock North AAC	U15	00:15:37
12	445	Craig Young	VP-Glasgow AC	U15	00:15:43
13	412	Russell Mountford	Kilbarchan AAC	U15	00:15:45
14	443	Hugh Mackenzie	VP-Glasgow AC	U15	00:15:56
15	421	Scott Lawrie	Kirkintilloch Olympians	U15	00:16:00
16	409	Marc Austin	Kelvin Runners	U15	00:16:10
17	413	Craig Haxton	Kilbarchan AAC	U15	00:16:11
18	410	Matt Wild	Kilbarchan AAC	U15	00:16:12
19	389	James Gray	Giffnock North AAC	U15	00:16:20
20	430	David Sloan	Nithsdale AC	U15	00:16:23
21	362	David Carter	Ayr Seaforth AAC	U15	00:16:26
22	420	Callum Heirs	Kirkintilloch Olympians	U15	00:16:27
23	382	Scott Herson	East Kilbride A.C.	U15	00:16:31
24	368	Ewan Murray	Calderglen Harriers	U15	00:16:33
25	414	Calum MacLeod	Kilbarchan AAC	U15	00:16:38
26	426	Ross Hill	Law & District AAC	U15	00:16:39
27	394	Scott Young	Giffnock North AAC	U15	00:16:48
28	447	James Ross	VP-Glasgow AC	U15	00:16:51
29	392	Christopher Russell	Giffnock North AAC	U15	00:17:02
30	432	Matthew McKenna	Ron Hill Cambuslang Harriers	U15	00:17:03
31	379	Ben Stafford	East Kilbride A.C.	U15	00:17:08
32	425	Daniel Graham	Law & District AAC	U15	00:17:14
33	448	Euan Walker	Whitemoss AAC	U15	00:17:15
34	399	Andrew Clark	Giffnock North AAC	U15	00:17:16
35	404	Michael Houston	Inverclyde AC	U15	00:17:19
36	401	David Raey	Greenock Glenpark Harriers	U15	00:17:23
37	416	Cameron Mackie	Kilmarnock H&AC	U15	00:17:28
38	444	Paul MacFarlane	VP-Glasgow AC	U15	00:17:30
39	418	Roy Shankland	Kilmarnock H&AC	U15	00:17:42
40	439	Archie Breckenridge	Shettleston Harriers	U15	00:17:47
41	436	Stuart Roe	Ron Hill Cambuslang Harriers	U15	00:17:52
42	406	Matthew Thomson	Inverclyde AC	U15	00:17:59
43	393	Anthony Deveney	Giffnock North AAC	U15	00:18:04
44	400	Adam McCormick	Greenock Glenpark Harriers	U15	00:18:08
45	395	Jamie Lewis	Giffnock North AAC	U15	00:18:14
46	370	Richard Campbell	Calderglen Harriers	U15	00:18:27
47	378	Tony Dolan	Clydesdale Harriers	U15	00:18:34
48	373	Kris Stewart	Calderglen Harriers	U15	00:19:40
49	402	Keir Abercrombie	Greenock Glenpark Harriers	U15	00:20:18
50	366	Callum Gracie	Ayr Seaforth AAC	U15	00:20:38
51	377	Lewis Wood	Clydesdale Harriers	U15	00:23:42

# **West Districs Cross Country Championships (Amended)**

**Saturday 6th December 2008 Irvine**

Under 15 Boys

Pos	Club	Name	Time	Total
<b>1</b>	Giffnock North AAC	Grant Muir	00:14:18	2
		Jack Walker	00:14:52	4
		Sandy Nimmo	00:14:56	5
	Giffnock North AAC Total			11
<b>2</b>	VP-Glasgow AC	Max Aitchison	00:15:19	7
		Craig Young	00:15:43	12
		Hugh Mackenzie	00:15:56	14
	VP-Glasgow AC Total			33
<b>3</b>	Kilbarchan AAC	Russell Mountford	00:15:45	13
		Craig Haxton	00:16:11	17
		Matt Wild	00:16:12	18
	Kilbarchan AAC Total			48
<b>4</b>	Law & District AAC	Craig Wellcoat	00:14:12	1
		Ross Hill	00:16:39	26
		Daniel Graham	00:17:14	32
	Law & District AAC Total			59
<b>5</b>	Ayr Seaforth AAC	Finlay Rae	00:14:35	3
		David Carter	00:16:26	21
		Callum Gracie	00:20:38	50
	Ayr Seaforth AAC Total			74
<b>6</b>	Ron Hill Cambuslang Harriers	Michael Rankin	00:15:21	8
		Matthew McKenna	00:17:03	30
		Stuart Roe	00:17:52	41
	Ron Hill Cambuslang Harriers Total			79
<b>7</b>	Inverclyde AC	Rory Kelham	00:15:23	9
		Michael Houston	00:17:19	35
		Matthew Thomson	00:17:59	42
	Inverclyde AC Total			86
<b>8</b>	Calderglen Harriers	Ewan Murray	00:16:33	24
		Richard Campbell	00:18:27	46
		Kris Stewart	00:19:40	48
	Calderglen Harriers Total			118
<b>9</b>	Greenock Glenpark Harriers	David Raey	00:17:23	36
		Adam McCormick	00:18:08	44
		Keir Abercrombie	00:20:18	49

**West Districs Cross Country Championships (Amended)**  
**Saturday 6th December 2008 Irvine**

Under 15 Girls

Pos	No	Name	Club	Cat	
1	214	Sarah Cassells	Ayr Seaforth AAC	U15	00:16:56
2	305	Joanna Muir	Stewartry AC	U15	00:17:09
3	287	Mairi Brown	Ron Hill Cambuslang Harriers	U15	00:17:19
4	235	Madeline Murray	Giffnock North AAC	U15	00:17:25
5	301	Shannon McLellan	Shettleston Harriers	U15	00:17:37
6	265	Kate Gillies	Kilbarchan AAC	U15	00:17:44
7	294	Amanda Monaghan	Shettleston Harriers	U15	00:17:49
8	304	Katy Brown	Stewartry AC	U15	00:17:51
9	271	Amanda Humes	Kilmarnock H&AC	U15	00:17:52
10	298	Sarah Winters	Shettleston Harriers	U15	00:17:54
11	286	Danielle Beattie	Nithsdale AC	U15	00:17:59
12	237	Olivia Keenan	Giffnock North AAC	U15	00:18:01
13	310	Maria Milliken	VP-Glasgow AC	U15	00:18:06
14	242	Linzi Cowan	Giffnock North AAC	U15	00:18:07
15	262	Elaine Eadie	Kilbarchan AAC	U15	00:18:07
16	288	Lucy Deeny	Ron Hill Cambuslang Harriers	U15	00:18:14
17	309	Amy MacLellan	VP-Glasgow AC	U15	00:18:18
18	236	Stephanie Fairfield	Giffnock North AAC	U15	00:18:19
19	307	Deborah Hannah	VP-Glasgow AC	U15	00:18:27
20	254	Lisa MacDonald	Inverclyde AC	U15	00:18:30
21	247	Sarah Hodge	Glasgow School of Sport	U15	00:18:35
22	299	Stella Winters	Shettleston Harriers	U15	00:18:38
23	241	Frances Lowrie	Giffnock North AAC	U15	00:18:38
24	263	Jennifer Eadie	Kilbarchan AAC	U15	00:18:45
25	239	Constance HopeMack	Giffnock North AAC	U15	00:18:48
26	300	Danielle McConway	Shettleston Harriers	U15	00:18:59
27	273	Eve Kerr	Kilmarnock H&AC	U15	00:19:02
28	295	Helen Pawelczyk	Shettleston Harriers	U15	00:19:06
29	256	Emma Meechan	Inverclyde AC	U15	00:19:08
30	283	Julie Dobbin	Law & District AAC	U15	00:19:12
31	266	Emma Haddock	Kilbarchan AAC	U15	00:19:28
32	252	Madeline Robinson	Helensburgh AAC	U15	00:19:34
33	272	Bethany Ross	Kilmarnock H&AC	U15	00:19:36
34	303	Rebecca Nicholson	Shettleston Harriers	U15	00:19:39
35	240	April Miller	Giffnock North AAC	U15	00:19:43
36	285	Samantha Stevenson	Law & District AAC	U15	00:19:52
37	311	Sarah Millar	Whitemoss AAC	U15	00:20:05
38	248	Amy McCafferty	Glasgow School of Sport	U15	00:20:34
39	270	Cleo Jackson	Kilbarchan AAC	U15	00:20:44
40	225	Rachel Fairlie	East Kilbride A.C.	U15	00:20:45
41	274	Stephanie Sloan	Kilmarnock H&AC	U15	00:20:46
42	259	Paige Douglas	Irvine AC	U15	00:20:52
43	216	Lauren Goldie	Ayr Seaforth AAC	U15	00:20:54
44	267	Cara Butler	Kilbarchan AAC	U15	00:20:56
45	249	Carly Dalgleish	Greenock Glenpark Harriers	U15	00:21:00
46	268	Fiona Bowes	Kilbarchan AAC	U15	00:21:32
47	291	Kerrie Miller	Ron Hill Cambuslang Harriers	U15	00:21:35
48	228	Emma Fairlie	East Kilbride A.C.	U15	00:22:19
49	279	Evelyn Bryce	Larkhall YMCA Harriers	U15	00:22:20
50	219	Kirstie Kelly	Clydesdale Harriers	U15	00:22:22
51	220	Claire Reid	Clydesdale Harriers	U15	00:22:55

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52	253	Sarah Glenny	Inverclyde AC	U15	00:23:14
53	231	Hayley Middleton	East Kilbride A.C.	U15	00:23:29
54	218	Emma Campbell	Calderglen Harriers	U15	00:23:58

## **West Districs Cross Country Championships (Amended)**

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Greenock Glenpark Harriers Total

129

Under 15 Girls

Pos	Club	Name	Cat	Total
<b>1</b>	Shettleston Harriers	Shannon McLellan	U15	5
		Amanda Monaghan	U15	7
		Sarah Winters	U15	10
	Shettleston Harriers Total			
<b>2</b>	Giffnock North AAC	Madeline Murray	U15	4
		Olivia Keenan	U15	12
		Linzi Cowan	U15	14
	Giffnock North AAC Total			
<b>3</b>	Kilbarchan AAC	Kate Gillies	U15	6
		Elaine Eadie	U15	15
		Jennifer Eadie	U15	24
	Kilbarchan AAC Total			
<b>4</b>	VP-Glasgow AC	Maria Milliken	U15	13
		Amy MacLellan	U15	17
		Deborah Hannah	U15	19
	VP-Glasgow AC Total			
<b>5</b>	Ron Hill Cambuslang Harriers	Mairi Brown	U15	3
		Lucy Deeny	U15	16
		Kerrie Miller	U15	47
	Ron Hill Cambuslang Harriers Total			
<b>6</b>	Kilmarnock H&AC	Amanda Humes	U15	9
		Eve Kerr	U15	27
		Bethany Ross	U15	33
	Kilmarnock H&AC Total			
<b>7</b>	Inverclyde AC	Lisa MacDonald	U15	20
		Emma Meechan	U15	29
		Sarah Glenny	U15	52
	Inverclyde AC Total			

## **West Districs Cross Country Championships (Amended)**

### **Saturday 6th December 2008 Irvine**

#### U17 Men

Pos	No	Name	Club	Cat	Time
1	606	Callum Hawkins	Kilbarchan AAC	U17	00:19:55
2	629	Lachlan Oates	Shettleston Harriers	U17	00:20:29
3	619	David Vernon	Nithsdale AC	U17	00:21:03
4	602	Andrew McAlpine	Kilbarchan AAC	U17	00:21:15
5	620	Kyle McLellan	Nithsdale AC	U17	00:21:16
6	627	Stewart Orr	Ron Hill Cambuslang Harriers	U17	00:21:18
7	630	Andrew Dearie	Shettleston Harriers	U17	00:21:19
8	631	Gary McBride	Shettleston Harriers	U17	00:21:24
9	600	Andrew Campbell	Inverclyde AC	U17	00:21:38
10	624	Jack Hamilton	Ron Hill Cambuslang Harriers	U17	00:21:54
11	604	Scott MacAulay	Kilbarchan AAC	U17	00:21:56
12	591	Mathew Ritchie	Giffnock North AAC	U17	00:21:56
13	590	Miles Hollinshead	Giffnock North AAC	U17	00:22:13
14	605	Stephen Fleming	Kilbarchan AAC	U17	00:22:16
15	598	Lee Wilson	Glasgow School of Sport	U17	00:22:20
16	579	Andrew Rae	Ayr Seaforth AAC	U17	00:22:47
17	583	Adam Gatens	East Kilbride A.C.	U17	00:22:55
18	595	Greg Turner	Giffnock North AAC	U17	00:23:00
19	626	Andrew Hunter	Ron Hill Cambuslang Harriers	U17	00:23:08
20	608	Thomas McDonald	Kilbarchan AAC	U17	00:23:32
21	582	Peter Bowman	Clydesdale Harriers	U17	00:23:33
22	615	Craig McIntyre	Kirkintilloch Olympians	U17	00:23:35
23	621	Ronan McLellan	Nithsdale AC	U17	00:23:52
24	610	Ross Connelly	Kilmarnock H&AC	U17	00:24:06
25	601	Paul Currie	Inverclyde AC	U17	00:24:20
26	581	Jonathan Dunn	Ayr Seaforth AAC	U17	00:24:25
27	584	Andrew Shaw	East Kilbride A.C.	U17	00:25:32
28	589	Digger Clark	Galloway Harriers	U17	00:25:48
29	618	Bobby Hill	Law & District AAC	U17	00:26:11

#### U17 Ladies

Pos	No	Name	Club	Cat	Time
1	349	Elizabeth Potter	VP-Glasgow AC	U17	00:15:35
2	347	Hollie Young	VP-Glasgow AC	U17	00:16:12
3	321	Catriona Lockie	Giffnock North AAC	U17	00:16:45
4	350	Rhian Dawes	VP-Glasgow AC	U17	00:16:55
5	322	Claire McAuley	Giffnock North AAC	U17	00:16:59
6	345	Nicola Lindsay	Law & District AAC	U17	00:17:07
7	333	Emma Rice	Inverclyde AC	U17	00:17:28
8	334	Sarah Munn	Irvine AC	U17	00:17:33
9	341	Alexandra Lamond	Kirkintilloch Olympians	U17	00:17:40
10	348	Sarah Potter	VP-Glasgow AC	U17	00:18:13
11	332	Nynke Mullholland	Inverclyde AC	U17	00:18:19
12	331	Deborah Moore	Inverclyde AC	U17	00:18:32
13	325	Samantha Kelly	Glasgow School of Sport	U17	00:19:01
14	323	Kathryn BGriffin	Giffnock North AAC	U17	00:20:03
15	324	Louise Hill-Stirling	Girvan AAC	U17	00:20:41
16	327	Cheryl Clarke	Helensburgh AAC	U17	00:21:00
17	342	Lauren McIntyre	Kirkintilloch Olympians	U17	00:21:24
18	346	Stephanie Lawrie	Nithsdale AC	U17	00:23:31

# **West Districs Cross Country Championships (Amended)**

## **Saturday 6th December 2008 Irvine**

### U17 Men

Pos	Club	Name	Cat	Time	Total
<b>1</b>	Kilbarchan AAC	Callum Hawkins	U17	00:19:55	1
		Andrew McAlpine	U17	00:21:15	4
		Scott MacAulay	U17	00:21:56	11
	Kilbarchan AAC Total				16
<b>2</b>	Shettleston Harriers	Lachlan Oates	U17	00:20:29	2
		Andrew Dearie	U17	00:21:19	7
		Gary McBride	U17	00:21:24	8
	Shettleston Harriers Total				17
<b>3</b>	Nithsdale AC	David Vernon	U17	00:21:03	3
		Kyle McLellan	U17	00:21:16	5
		Ronan McLellan	U17	00:23:52	23
	Nithsdale AC Total				31
<b>4</b>	Ron Hill Cambuslang Harriers	Stewart Orr	U17	00:21:18	6
		Jack Hamilton	U17	00:21:54	10
		Andrew Hunter	U17	00:23:08	19
	Ron Hill Cambuslang Harriers Total				35
<b>5</b>	Giffnock North AAC	Mathew Ritchie	U17	00:21:56	12
		Miles Hollinshead	U17	00:22:13	13
		Greg Turner	U17	00:23:00	18
	Giffnock North AAC Total				43

### U17 Ladies

Pos	Club	Name	Cat	Time	Total
<b>1</b>	VP-Glasgow AC	Elizabeth Potter	U17	00:15:35	1
		Hollie Young	U17	00:16:12	2
		Rhian Dawes	U17	00:16:55	4
	VP-Glasgow AC Total				7
<b>2</b>	Giffnock North AAC	Catriona Lockie	U17	00:16:45	3
		Claire McAuley	U17	00:16:59	5
		Kathryn BGriffin	U17	00:20:03	14
	Giffnock North AAC Total				22
<b>3</b>	Inverclyde AC	Emma Rice	U17	00:17:28	7
		Nynke Mullholland	U17	00:18:19	11
		Deborah Moore	U17	00:18:32	12
	Inverclyde AC Total				30

## **West Districs Cross Country Championships (Amended)**

### **Saturday 6th December 2008 Irvine**

#### Senior Junior Ladies

Pos	No	Name	Club	M/F	Cat	Time
1	467	Nicola Hood	VP-Glasgow AC	0	U20	00:22:44
2	466	Danielle Brown	Springburn Harriers	0	U20	00:22:59
3	468	Josephine Moultrie	VP-Glasgow AC	0	U20	00:23:31
4	460	Elsbeth Curran	Kilbarchan AAC	0	U20	00:23:56
5	530	Leanne Hamilton	Kilbarchan AAC	0	Sen	00:24:18
6	483	Elke Schmidt	Bellahouston Road Runners	0	Sen	00:24:40
7	461	Natalie Sharp	Kilbarchan AAC	0	U20	00:24:58
8	508	R Joss	Giffnock North AAC	0	U20	00:25:03
9	562	Frances Florence	Springburn Harriers	0	Vet	00:25:06
10	520	Julia Henderson	Helensburgh AAC	0	Sen	00:25:10
11	481	Emma Birnie	Bellahouston Road Runners	0	Sen	00:25:14
12	532	Louise Manson	Kilbarchan AAC	0	Sen	00:25:17
13	564	Michelle Sandison	Springburn Harriers	0	Sen	00:25:19
14	496	Alison Winship	Garscube Harriers	0	Sen	00:25:22
15	567	Donna Finlayson	VP-Glasgow AC	0	Sen	00:25:22
16	469	Rebecca Finch	VP-Glasgow AC	0	U20	00:25:27
17	462	Jessica Martin	Kilbarchan AAC	0	U20	00:25:43
18	568	Jacqueline Thomson	VP-Glasgow AC	0	Vet	00:25:45
19	509	Mary McCutcheon	Giffnock North AAC	0	Vet	00:26:08
20	538	Kara Tait	Kilmarnock H&AC	0	U20	00:26:09
21	463	Christina Rankin	Kilbarchan AAC	0	U20	00:26:14
22	541	Lindsay McMahan	Kilmarnock H&AC	0	Sen	00:26:15
23	479	Claire Thompson	Bellahouston Road Runners	0	Sen	00:26:22
24	531	Karen Yule	Kilbarchan AAC	0	Sen	00:26:26
25	521	Michelle Hetherington	Helensburgh AAC	0	Vet	00:26:28
26	537	Cara Sloss	Kilbarchan AAC	0	Sen	00:26:30
27	506	Yvonne Hamilton	Giffnock North AAC	0	Sen	00:26:31
28	522	Claire Heasman	Helensburgh AAC	0	Sen	00:26:32
29	551	Joanne Clark	Motherwell AC	0	Sen	00:26:36
30	458	Emma Baxter	Greenock Glenpark Harriers	0	U20	00:26:46
31	472	Erica Christie	Bellahouston Harriers	0	Vet	00:26:47
32	493	Ann Murray	Clydesdale Harriers	0	Vet	00:27:03
33	464	Michelle Bell	Kilbarchan AAC	0	U20	00:27:14
34	504	Marion Kelly	Garscube Harriers	0	Sen	00:27:20
35	544	Ada Stewart	Kirkintilloch Olympians	0	Vet	00:27:24
36	495	Joanne McEvoy	East Kilbride A.C.	0	Sen	00:27:28
37	465	Lauren Campbell	Kilmarnock H&AC	0	U20	00:27:35
38	485	Amanda Wilson	Bellahouston Road Runners	0	Sen	00:27:36
39	498	Heather McIntosh	Garscube Harriers	0	Vet	00:27:41
40	539	Emma Mackie	Kilmarnock H&AC	0	Sen	00:27:59
41	554	Phyllis Hands	Motherwell AC	0	Vet	00:28:00
42	528	Helen Morton	Irvine AC	0	Vet	00:28:02
43	519	Morag Campbell	Greenock Glenpark Harriers	0	Sen	00:28:09
44	524	Tina Munro	Helensburgh AAC	0	Vet	00:28:14
45	514	Sheila Lewis	Giffnock North AAC	0	Vet	00:28:21
46	561	Caroline Brownlie	Springburn Harriers	0	Sen	00:28:35
47	546	Marie McChord	Kirkintilloch Olympians	0	Vet	00:28:42
48	499	Ailsa Currie	Garscube Harriers	0	Vet	00:28:44
49	543	Paula Wilson	Kilmarnock H&AC	0	Sen	00:28:51
50	511	Jacqueline Cowan	Giffnock North AAC	0	Vet	00:28:58
51	552	Clare Barr	Motherwell AC	0	Sen	00:29:00
52	523	Mary Louise MacQuarrie	Helensburgh AAC	0	Sen	00:29:19
53	482	Jacqueline McGuire	Bellahouston Road Runners	0	Sen	00:29:23

## **West Districs Cross Country Championships (Amended)**

### **Saturday 6th December 2008 Irvine**

54	540	Elizabeth McDerment	Kilmarnock H&AC	0 Sen	00:29:27
55	529	Elizabeth McGarry	Irvine AC	0 Vet	00:29:37
56	556	Gayle Tait	Motherwell AC	0 Sen	00:29:39
57	486	Claire Blue	Bellahouston Road Runners	0 Sen	00:29:40
58	515	Terry Wall	Greenock Glenpark Harriers	0 Vet	00:29:51
59	525	Janet Fellowes	Helensburgh AAC	0 Vet	00:30:02
60	569	Muffy Calder	Westerlands XC Club	0 Vet	00:30:12
61	480	Julia Harris	Bellahouston Road Runners	0 Vet	00:30:20
62	553	Elaine Jamieson	Motherwell AC	0 Sen	00:30:27
63	535	Fiona McIntyre	Kilbarchan AAC	0 Sen	00:30:59
64	545	Shirley MacNab	Kirkintilloch Olympians	0 Vet	00:31:44
65	473	Sharon Taylor	Bellahouston Harriers	0 Vet	00:32:19
66	527	Mary Miller	Irvine AC	0 Vet	00:32:24
67	560	Susan Breckenridge	Shettleston Harriers	0 Vet	00:33:04
68	475	Joanne Sharp	Bellahouston Harriers	0 Sen	00:33:54
69	542	Marion Burns	Kilmarnock H&AC	0 Vet	00:34:07

# **West Districs Cross Country Championships (Amended)**

**Saturday 6th December 2008 Irvine**

## Senior Junior Ladies

Pos	Club	Name	Cat	Time	Total
1	Kilbarchan AAC	Elspeth Curran	U20	00:23:56	4
		Leanne Hamilton	Sen	00:24:18	5
		Natalie Sharp	U20	00:24:58	7
	Kilbarchan AAC Total				16
2	VP-Glasgow AC	Nicola Hood	U20	00:22:44	1
		Josephine Moultrie	U20	00:23:31	3
		Donna Finlayson	Sen	00:25:22	15
	VP-Glasgow AC Total				19
3	Springburn Harriers	Danielle Brown	U20	00:22:59	2
		Frances Florence	Vet	00:25:06	9
		Michelle Sandison	Sen	00:25:19	13
	Springburn Harriers Total				24
4	Bellahouston Road Runners	Elke Schmidt	Sen	00:24:40	6
		Emma Birnie	Sen	00:25:14	11
		Claire Thompson	Sen	00:26:22	23
	Bellahouston Road Runners Total				40
5	Giffnock North AAC	R Joss	U20	00:25:03	8
		Mary McCutcheon	Vet	00:26:08	19
		Yvonne Hamilton	Sen	00:26:31	27
	Giffnock North AAC Total				54
6	Helensburgh AAC	Julia Henderson	Sen	00:25:10	10
		Michelle Hetherington	Vet	00:26:28	25
		Claire Heasman	Sen	00:26:32	28
	Helensburgh AAC Total				63
7	Kilmarnock H&AC	Kara Tait	U20	00:26:09	20
		Lindsay McMahon	Sen	00:26:15	22
		Lauren Campbell	U20	00:27:35	37
	Kilmarnock H&AC Total				79
8	Garscube Harriers	Alison Winship	Sen	00:25:22	14
		Marion Kelly	Sen	00:27:20	34
		Heather McIntosh	Vet	00:27:41	39
	Garscube Harriers Total				87
9	Motherwell AC	Joanne Clark	Sen	00:26:36	29
		Phyllis Hands	Vet	00:28:00	41
		Clare Barr	Sen	00:29:00	51
	Motherwell AC Total				121

## **West Districs Cross Country Championships (Amended)**

### **Saturday 6th December 2008 Irvine**

<b>10</b>	Greenock Glenpark Harriers				
	Emma Baxter	U20	00:26:46	30	
	Morag Campbell	Sen	00:28:09	43	
	Terry Wall	Vet	00:29:51	58	
	Greenock Glenpark Harriers Total			131	

<b>11</b>	Kirkintilloch Olympians			
	Ada Stewart	Vet	00:27:24	35
	Marie McChord	Vet	00:28:42	47
	Shirley MacNab	Vet	00:31:44	64
	Kirkintilloch Olympians Total			146

<b>12</b>	Irvine AC			
	Helen Morton	Vet	00:28:02	42
	Elizabeth McGarry	Vet	00:29:37	55
	Mary Miller	Vet	00:32:24	66
	Irvine AC Total			163

<b>13</b>	Bellahouston Harriers			
	Erica Christie	Vet	00:26:47	31
	Sharon Taylor	Vet	00:32:19	65
	Joanne Sharp	Sen	00:33:54	68
	Bellahouston Harriers Total			164

#### Vet Ladies Team

Pos	Club	Name	Cat	Time	Total
<b>1</b>	Giffnock North AAC				
		Mary McCutcheon	Vet	00:26:08	19
		Sheila Lewis	Vet	00:28:21	45
		Jacqueline Cowan	Vet	00:28:58	50
	Giffnock North AAC Total			114	

<b>2</b>	Helensburgh AAC			
	Michelle Hetherington	Vet	00:26:28	25
	Tina Munro	Vet	00:28:14	44
	Janet Fellowes	Vet	00:30:02	59
	Helensburgh AAC Total			128

<b>3</b>	Kirkintilloch Olympians			
	Ada Stewart	Vet	00:27:24	35
	Marie McChord	Vet	00:28:42	47
	Shirley MacNab	Vet	00:31:44	64
	Kirkintilloch Olympians Total			146

<b>4</b>	Irvine AC			
	Helen Morton	Vet	00:28:02	42
	Elizabeth McGarry	Vet	00:29:37	55
	Mary Miller	Vet	00:32:24	66
	Irvine AC Total			163

#### Under 20 Ladies Team

Pos	Club	Name	Cat	Time	Total
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**West Districs Cross Country Championships (Amended)**

**Saturday 6th December 2008 Irvine**

<b>1</b>	VP-Glasgow AC				
		Nicola Hood	U20	00:22:44	1
		Josephine Moultrie	U20	00:23:31	3
		Rebecca Finch	U20	00:25:27	16
	VP-Glasgow AC Total			20	
<b>2</b>	Kilbarchan AAC				
		Elsbeth Curran	U20	00:23:56	4
		Natalie Sharp	U20	00:24:58	7
		Jessica Martin	U20	00:25:43	17
	Kilbarchan AAC Total			28	

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Pos	No	Name	Cat	Club	Time
1	911	Tewoldeberhan Mengisteab	Senior	Shettleston Harriers	00:30:00
2	915	Tsegezab Woldemichael	Senior	Shettleston Harriers	00:30:28
3	663	Tsegai Tewelde	Under 20	Shettleston Harriers	00:30:53
4	804	Mark Pollard	Senior	Inverclyde AC	00:31:03
5	913	Paul Sorrie	Senior	Shettleston Harriers	00:31:11
6	857	Conor McNulty	Senior	Kilbarchan AAC	00:31:15
7	840	Robert Quinn	Vet	Kilbarchan AAC	00:31:19
8	806	Craig Ruddy	Under 20	Inverclyde AC	00:31:26
9	651	Derek Hawkins	Under 20	Kilbarchan AAC	00:31:27
10	664	Matthew Gillespie	Under 20	Shettleston Harriers	00:31:46
11	653	Paul Leck	Under 20	Kilbarchan AAC	00:32:39
12	888	Robert Gilroy	Senior	Ron Hill Cambuslang Harriers	00:32:42
13	735	Prasad Prasad	Senior	Clydesdale Harriers	00:32:55
14	780	Scott Mitchell	Senior	Glasgow University Hare and H	00:32:56
15	756	Ben Melby	Senior	Garscube Harriers	00:32:56
16	700	Colin McGill	Senior	Bellahouston Road Runners	00:33:06
17	901	David Rodgers	Vet	Ron Hill Cambuslang Harriers	00:33:11
18	922	Oleg Sphepelin	Senior	Shettleston Harriers	00:33:13
19	666	Allan Ramsay	Under 20	VP-Glasgow AC	00:33:18
20	665	Sean Fontana	Under 20	VP-Glasgow AC	00:33:22
21	705	Kenneth Richmond	Vet	Bellahouston Road Runners	00:33:26
22	657	Matthew Graham	Under 20	Kirkintilloch Olympians	00:33:32
23	896	Jamie Reid	Vet	Ron Hill Cambuslang Harriers	00:33:39
24	649	John Cooke	Under 20	Inverclyde AC	00:33:42
25	909	Kenneth McCoy	Senior	Shettleston Harriers	00:33:45
26	728	Stuart Gibson	Senior	Calderglen Harriers	00:33:47
27	822	Alex Allardyce	Vet	Irvine AC	00:33:50
28	779	Thomas Fey	Senior	Glasgow University Hare and H	00:33:59
29	768	Rory Cartwright	Under 20	Giffnock North AAC	00:34:17
30	867	Keith Haining	Vet	Kilmarnock H&AC	00:34:21
31	702	Matthew Williamson	Senior	Bellahouston Road Runners	00:34:24
32	695	Nick Reid	Senior	Bellahouston Road Runners	00:34:30
33	654	Nicholas Emsley	Under 20	Kilbarchan AAC	00:34:40
34	856	James Snodgrass	Vet	Kilbarchan AAC	00:34:41
35	698	Mark Johnston	Vet	Bellahouston Road Runners	00:34:42
36	645	John Fergusson	Under 20	East Kilbride A.C.	00:34:45
37	830	Pat Cullinane	Senior	Irvine AC	00:34:46
38	838	John McMillan	Vet	Kilbarchan AAC	00:34:48
39	924	John Bell	Vet	Springburn Harriers	00:34:49
40	823	Douglas Connery	Vet	Irvine AC	00:35:21
41	824	William Richardson	Vet	Irvine AC	00:35:22
42	642	Jamie Clements	Under 20	East Kilbride A.C.	00:35:25
43	916	Adam Lee	Senior	Shettleston Harriers	00:35:25
44	763	Lindsay Cunningham	Vet	Garscube Harriers	00:35:25
45	648	Sean Gaffney	Under 20	Inverclyde AC	00:35:25
46	946	Derek WatsonSnr.	Vet	VP-Glasgow AC	00:35:28
47	706	Craig Ross	Senior	Bellahouston Road Runners	00:35:32
48	659	Gary Grieve	Under 20	Law & District AAC	00:35:38
49	859	Scott Martin	Vet	Kilmarnock H&AC	00:35:41
50	639	Alan Cherry	Under 20	Ayr Seaforth AAC	00:35:43
51	794	Paul Thompson	Vet	Helensburgh AAC	00:35:49
52	688	Andrew Campbell	Senior	Bellahouston Harriers	00:35:52
53	914	Denis Williams	Vet	Shettleston Harriers	00:35:52
54	827	Colin Miller	Vet	Irvine AC	00:35:55
55	707	Marcos SanzGomez	Senior	Bellahouston Road Runners	00:35:55

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56	717	Neil Farnell	Senior	Bellahouston Road Runners	00:35:55
57	809	Thomas Jamieson	Senior	Inverclyde AC	00:35:57
58	694	Greig Glendinning	Vet	Bellahouston Road Runners	00:35:58
59	808	Stuart Hodge	Vet	Inverclyde AC	00:35:59
60	661	Ruairidh Munro	Under 20	Shettleston Harriers	00:36:04
61	785	Daniel McLaughlin	Vet	Greenock Glenpark Harriers	00:36:06
62	923	Marc McColl	Senior	Shettleston Harriers	00:36:07
63	789	Michael MclooneSnr	Vet	Greenock Glenpark Harriers	00:36:09
64	821	George Irving	Vet	Irvine AC	00:36:29
65	828	Brian Craig	Vet	Irvine AC	00:36:33
66	873	Terry Addison	Vet	Kirkintilloch Olympians	00:36:35
67	943	K. Mitchell	Vet	VP-Glasgow AC	00:36:36
68	846	Donald Petrie	Vet	Kilbarchan AAC	00:36:38
69	703	Dougal Ross	Vet	Bellahouston Road Runners	00:36:41
70	849	Murdo MacKenzie	Senior	Kilbarchan AAC	00:36:44
71	952	David Riach	Vet	Westerlands XC Club	00:36:46
72	656	Kevin Cornes	Under 20	Kirkintilloch Olympians	00:36:49
73	693	A Myers	Senior	Bellahouston Harriers	00:36:50
74	754	Marco Consani	Senior	Garscube Harriers	00:36:51
75	903	John Duffy	Vet	Shettleston Harriers	00:36:52
76	831	Ian Berryman	Vet	Irvine AC	00:36:53
77	897	Andrew Steven	Senior	Ron Hill Cambuslang Harriers	00:36:54
78	742	Iain Robertson	Senior	Clydesdale Harriers	00:36:55
79	759	Joe McKnight	Senior	Garscube Harriers	00:36:56
80	919	John Oates	Vet	Shettleston Harriers	00:37:03
81		#N/A	#N/A	#N/A	
82	712	Brian O'Donnell	Senior	Bellahouston Road Runners	00:37:09
83	883	Ross Bark	Senior	Ron Hill Cambuslang Harriers	00:37:12
84	872	Robert Rogerson	Vet	Kirkintilloch Olympians	00:37:13
85	898	Gary Wallace	Senior	Ron Hill Cambuslang Harriers	00:37:15
86	761	Evan MacKay	Vet	Garscube Harriers	00:37:21
87	782	Steven Campbell	Senior	Greenock Glenpark Harriers	00:37:25
88	699	Bryan Burnett	Vet	Bellahouston Road Runners	00:37:30
89	801	Damien Theaker	Vet	Helensburgh AAC	00:37:35
90	880	Stephen Cowper	Vet	Milburn Harriers	00:37:36
91	714	Gordon Durnan	Vet	Bellahouston Road Runners	00:37:40
92	775	Jack Maxwell	Vet	Girvan AAC	00:37:44
93	921	David Jamieson	Vet	Shettleston Harriers	00:37:45
94	925	Alan Cairns	Vet	Springburn Harriers	00:37:51
95	679	Laurence Baker	Vet	Ayr Seaforth AAC	00:37:55
96	748	Graeme Haddow	Vet	East Kilbride A.C.	00:37:59
97	863	Connell Drummond	Vet	Kilmarnock H&AC	00:38:02
98	708	Raymond Farrell	Vet	Bellahouston Road Runners	00:38:05
99	725	Jamie McMonagle	Vet	Calderglen Harriers	00:38:07
100	891	Scott Hunter	Vet	Ron Hill Cambuslang Harriers	00:38:09
101	640	David Brown	Under 20	Clydesdale Harriers	00:38:10
102	734	Michael Diver	Vet	Clydesdale Harriers	00:38:14
103	674				00:38:17
104	870	Gary Mitchell	Vet	Kirkintilloch Olympians	00:38:21
105	882	Alan Tait	Vet	Motherwell AC	00:38:25
106	783	Alan O'Rourke	Vet	Greenock Glenpark Harriers	00:38:31
107	747	David J.Condra	Vet	East Kilbride A.C.	00:38:34
108	719	Alan Cullie	Vet	Calderglen Harriers	00:38:39
109	757	David WDickson	Vet	Garscube Harriers	00:38:40
110	954	John Donnelly	Vet	Westerlands XC Club	00:38:42
111	951	Daniel Reid	Vet	Westerlands XC Club	00:38:48

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112	918	William Breckenridge	Vet	Shettleston Harriers	00:38:50
113	842	Steven Hards	Vet	Kilbarchan AAC	00:38:51
114	889	William Haining	Vet	Ron Hill Cambuslang Harriers	00:38:53
115	737	John Foley	Vet	Clydesdale Harriers	03:39:11
116	802	Kevin Johnson	Vet	Helensburgh AAC	00:39:21
117	701	Ian Goudie	Vet	Bellahouston Road Runners	00:39:34
118	685	Campbell Joss	Vet	Bellahouston Harriers	00:39:37
119	765	Athol Smith	Vet	Garscube Harriers	00:39:38
120	800	Erwin Lodrkoot	Vet	Helensburgh AAC	00:39:39
121	832	John Moore	Vet	Irvine AC	00:39:42
122	790	Michael Dunn	Vet	Greenock Glenpark Harriers	00:39:51
123	815	Robert Shaw	Vet	Inverclyde AC	00:40:05
124	874	Joe McCallum	Vet	Larkhall YMCA Harriers	00:40:11
125	753	William Taylor	Vet	East Kilbride A.C.	00:40:14
126	668	Iain Townsend	Under 20	VP-Glasgow AC	00:40:15
127	745	Gordon Colvin	Vet	East Kilbride A.C.	00:40:18
128	847	David Mewse	Vet	Kilbarchan AAC	00:40:20
129	752	Ralph Riach	Vet	East Kilbride A.C.	00:40:35
130	844	John Kynaston	Vet	Kilbarchan AAC	00:40:39
131	813	Robert Gray	Vet	Inverclyde AC	00:41:05
132	887	Alexander Eaglesham	Vet	Ron Hill Cambuslang Harriers	00:41:08
133	835	Alastair MacFarlane	Vet	Irvine AC	00:41:15
134	865	Leslie McDerment	Vet	Kilmarnock H&AC	00:41:20
135	803	Stephen Bell	Vet	Helensburgh AAC	00:41:22
136	733	Ian Rae	Vet	Calderglen Harriers	00:41:23
137	834	James Sneddon	Vet	Irvine AC	00:41:24
138	839	Donald Kennedy	Vet	Kilbarchan AAC	00:41:25
139	876	James Rowley	Vet	Law & District AAC	00:41:27
140	773	Stephen Flanagan	Vet	Girvan AAC	00:41:29
141	715	Stuart Mathieson	Senior	Bellahouston Road Runners	00:41:37
142	743	Bobby Young	Vet	Clydesdale Harriers	00:41:40
143	644	Niall Walker	Under 20	East Kilbride A.C.	00:41:50
144	845	Robert Allison	Vet	Kilbarchan AAC	00:41:52
145	732	Jim Holmes	Vet	Calderglen Harriers	00:42:06
146	760	John Murray	Senior	Garscube Harriers	00:42:14
147	724	David Herbertson	Vet	Calderglen Harriers	00:42:16
148	764	James Taylor	Vet	Garscube Harriers	00:42:20
149	860	Alasdair Murray	Vet	Kilmarnock H&AC	00:42:21
150	934	Bobby Miller	Vet	Troon Tortoises AC	00:42:22
151	926	Emilio Cosimo	Senior	Springburn Harriers	00:42:24
152	689	Stewart Collins	Vet	Bellahouston Harriers	00:42:28
153	955	Bill Fisher	Vet	Westerlands XC Club	00:42:34
154	945	Chris Sheridan	Senior	VP-Glasgow AC	00:42:41
155	787	James Sheridan	Vet	Greenock Glenpark Harriers	00:42:48
156	852	Andrew Clugston	Senior	Kilbarchan AAC	00:42:51
157	678	Paul Emsley	Vet	Arran Runners	00:42:55
158	788	Robert Mitchell	Vet	Greenock Glenpark Harriers	00:43:00
159	716	Brian Ewins	Vet	Bellahouston Road Runners	00:43:00
160	866	William Duffy	Vet	Kilmarnock H&AC	00:43:10
161	696	James O'Hara	Vet	Bellahouston Road Runners	00:43:13
162	680	Tom McCulloch	Vet	Ayr Seaforth AAC	00:43:15
163	723	Graham Lindsay	Vet	Calderglen Harriers	00:43:17
164	950	Gibson Fleming	Vet	Westerlands XC Club	00:43:26
165	791	Richard Hodelet	Vet	Greenock Glenpark Harriers	00:43:39
166	932	George McGregor	Vet	Troon Tortoises AC	00:43:57
167	798	Gordon Howat	Senior	Helensburgh AAC	00:44:03

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168	778	John Rennie	Vet	Girvan AAC	00:44:09
169	797	David Bailey	Vet	Helensburgh AAC	00:44:20
170	931	Alex Drain	Vet	Troon Tortoises AC	00:44:34
171	767	David Logan	Vet	Giffnock North AAC	00:44:41
172	641	Ryan Nelson	Under 20	Clydesdale Harriers	00:44:58
173	814	Damien Mallet	Senior	Inverclyde AC	00:45:09
174	836	Michael Flinn	Vet	Irvine AC	00:45:12
175	795	Alistair Wylie	Vet	Helensburgh AAC	00:45:34
176	942	Kenneth McVey	Vet	VP-Glasgow AC	00:45:39
177	709	Norman Boyle	Vet	Bellahouston Road Runners	00:45:44
178	683	Adam Mackie	Vet	Ayr Seaforth AAC	00:46:15
179	726	William Bell	Vet	Calderglen Harriers	00:46:16
180	837	Robert Nicol	Vet	Irvine AC	00:46:29
181	710	Richard Leyton	Vet	Bellahouston Road Runners	00:46:52
182	843	Robert Connell	Vet	Kilbarchan AAC	00:47:03
183	766	Dermot Williamson		0 Garscube Harriers	00:47:17
184	684	David Hughes	Vet	Beith Harriers	00:47:26
185	749	Edgar Ramage	Vet	East Kilbride A.C.	00:48:19
186	711	Mike Devlin	Vet	Bellahouston Road Runners	00:49:39
187	750	Tom YuillJNR	Senior	East Kilbride A.C.	00:49:50
188	741	Peter Rudzinski	Vet	Clydesdale Harriers	00:50:27
189	720	Charles Steven	Vet	Calderglen Harriers	00:53:25
190	718	Russell Couper	Vet	Calderglen Harriers	00:56:21
191	854	Brian Graham	Vet	Kilbarchan AAC	00:56:29
192	875	William Drysdale	Vet	Law & District AAC	00:61:40

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Sum of Pos			
Club	Name	Cat	Total
Kilbarchan AAC	Derek Hawkins	Under 20	9
	Paul Leck	Under 20	11
	Nicholas Emsley	Under 20	33
Kilbarchan AAC Total			53
Shettleston Harriers	Tsegai Tewelde	Under 20	3
	Matthew Gillespie	Under 20	10
	Ruairidh Munro	Under 20	60
Shettleston Harriers Total			73
Inverclyde AC	Craig Ruddy	Under 20	8
	John Cooke	Under 20	24
	Sean Gaffney	Under 20	45
Inverclyde AC Total			77
VP-Glasgow AC	Allan Ramsay	Under 20	19
	Sean Fontana	Under 20	20
	Iain Townsend	Under 20	126
VP-Glasgow AC Total			165
East Kilbride A.C.	John Fergusson	Under 20	36
	Jamie Clements	Under 20	42
	Niall Walker	Under 20	143
East Kilbride A.C. Total			221

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Sum of Pos			
Club	Name	Cat	Total
Shettleston Harriers	Tewoldeberhan Mengisteab	Senior	1
	Tsegezab Woldemichael	Senior	2
	Tsegai Tewelde	Under 20	3
	Paul Sorrie	Senior	5
	Matthew Gillespie	Under 20	10
	Oleg Sphepelin	Senior	18
Shettleston Harriers Total			39
Kilbarchan AAC	Conor McNulty	Senior	6
	Robert Quinn	Vet	7
	Derek Hawkins	Under 20	9
	Paul Leck	Under 20	11
	Nicholas Emsley	Under 20	33
	James Snodgrass	Vet	34
Kilbarchan AAC Total			100
Bellahouston Road Runners	Colin McGill	Senior	16
	Kenneth Richmond	Vet	21
	Matthew Williamson	Senior	31
	Nick Reid	Senior	32
	Mark Johnston	Vet	35
	Craig Ross	Senior	47
Bellahouston Road Runners Total			182
Inverclyde AC	Mark Pollard	Senior	4
	Craig Ruddy	Under 20	8
	John Cooke	Under 20	24
	Sean Gaffney	Under 20	45
	Thomas Jamieson	Senior	57
	Stuart Hodge	Vet	59
Inverclyde AC Total			197
Irvine AC	Alex Allardyce	Vet	27
	Pat Cullinane	Senior	37
	Douglas Connery	Vet	40
	William Richardson	Vet	41
	Colin Miller	Vet	54

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Irvine AC	George Irving	Vet	64
Irvine AC Total			263
Ron Hill Cambuslang Harriers	Robert Gilroy	Senior	12
	David Rodgers	Vet	17
	Jamie Reid	Vet	23
	Andrew Steven	Senior	77
	Ross Bark	Senior	83
	Gary Wallace	Senior	85
Ron Hill Cambuslang Harriers Total			297
Garscube Harriers	Ben Melby	Senior	15
	Lindsay Cunningham	Vet	44
	Marco Consani	Senior	74
	Joe McKnight	Senior	79
	Evan MacKay	Vet	86
	David WDickson	Vet	109
Garscube Harriers Total			407
VP-Glasgow AC	Allan Ramsay	Under 20	19
	Sean Fontana	Under 20	20
	Derek WatsonSnr.	Vet	46
	K. Mitchell	Vet	67
	Iain Townsend	Under 20	126
	Chris Sheridan	Senior	154
VP-Glasgow AC Total			432
East Kilbride A.C.	John Fergusson	Under 20	36
	Jamie Clements	Under 20	42
	Graeme Haddow	Vet	96
	David J.Condra	Vet	107
	William Taylor	Vet	125
	Gordon Colvin	Vet	127
East Kilbride A.C. Total			533
Clydesdale Harriers	Prasad Prasad	Senior	13
	Iain Robertson	Senior	78
	David Brown	Under 20	101
	Michael Diver	Vet	102
	John Foley	Vet	115
	Bobby Young	Vet	142

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Clydesdale Harriers Total			551
Greenock Glenpark Harriers	Daniel McLaughlin	Vet	61
	Michael MclooneSnr	Vet	63
	Steven Campbell	Senior	87
	Alan O'Rourke	Vet	106
	Michael Dunn	Vet	122
	James Sheridan	Vet	155
Greenock Glenpark Harriers Total			594
Kilmarnock H&AC	Keith Haining	Vet	30
	Scott Martin	Vet	49
	Connell Drummond	Vet	97
	Leslie McDerment	Vet	134
	Alasdair Murray	Vet	149
	William Duffy	Vet	160
Kilmarnock H&AC Total			619
Calderglen Harriers	Stuart Gibson	Senior	26
	Jamie McMonagle	Vet	99
	Alan Cullie	Vet	108
	Ian Rae	Vet	136
	Jim Holmes	Vet	145
	David Herbertson	Vet	147
Calderglen Harriers Total			661
Helensburgh AAC	Paul Thompson	Vet	51
	Damien Theaker	Vet	89
	Kevin Johnson	Vet	116
	Erwin Lodrkoot	Vet	120
	Stephen Bell	Vet	135
	Gordon Howat	Senior	167
Helensburgh AAC Total			678

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Sum of Pos			
Club	Name	Cat	Total
Kilbarchan AAC	Robert Quinn	Vet	7
	James Snodgrass	Vet	34
	John McMillan	Vet	38
Kilbarchan AAC Total			79
Irvine AC	Alex Allardyce	Vet	27
	Douglas Connery	Vet	40
	William Richardson	Vet	41
Irvine AC Total			108
Bellahouston Road Runners	Kenneth Richmond	Vet	21
	Mark Johnston	Vet	35
	Greig Glendinning	Vet	58
Bellahouston Road Runners Total			114
Ron Hill Cambuslang Harriers	David Rodgers	Vet	17
	Jamie Reid	Vet	23
	Scott Hunter	Vet	100
Ron Hill Cambuslang Harriers Total			140
Kilmarnock H&AC	Keith Haining	Vet	30
	Scott Martin	Vet	49
	Connell Drummond	Vet	97
Kilmarnock H&AC Total			176
Shettleston Harriers	Denis Williams	Vet	53
	John Duffy	Vet	75
	John Oates	Vet	80
Shettleston Harriers Total			208
Greenock Glenpark Harriers	Daniel McLaughlin	Vet	61
	Michael MclooneSnr	Vet	63
	Alan O'Rourke	Vet	106
Greenock Glenpark Harriers Total			230
Garscube Harriers	Lindsay Cunningham	Vet	44
	Evan MacKay	Vet	86
	David WDickson	Vet	109
Garscube Harriers Total			239
Kirkintilloch Olympians	Terry Addison	Vet	66
	Robert Rogerson	Vet	84
	Gary Mitchell	Vet	104
Kirkintilloch Olympians Total			254
Helensburgh AAC	Paul Thompson	Vet	51